

U15 Girls 2025

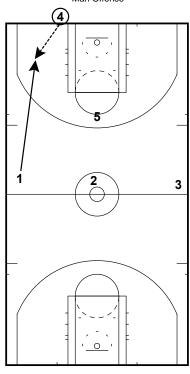


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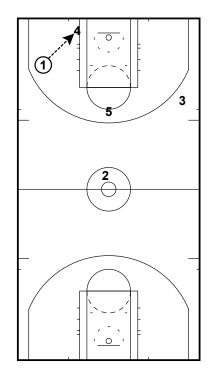
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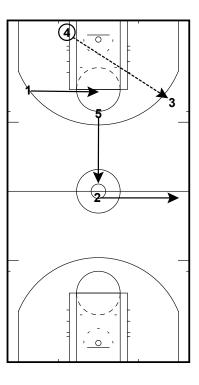
(Zone press break) Man Offense



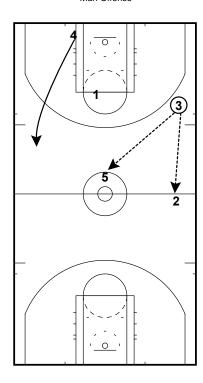
(Zone press break) Man Offense



(Zone press break) Man Offense



(Zone press break) Man Offense

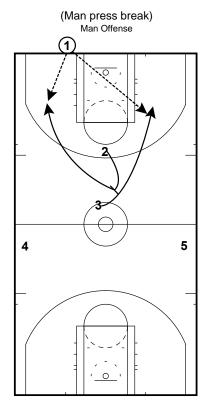


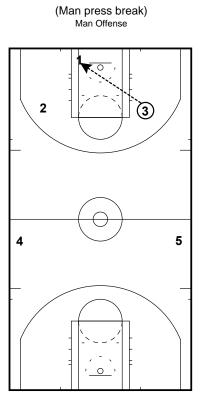


(Man press break)
Man Offense

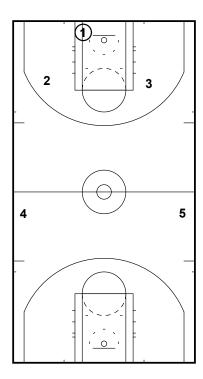
1

3





(Man press break) Man Offense



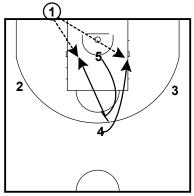


Baseline 1-2-3



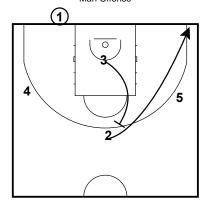
Baseline 1 option- ISO Seal for 5 or best inside finisher on court

Baseline 1-2-3 Man Offense



Baseline 2 option- 5 is setting or ghost screen (slipping the screen). The ghost screen is similar to a stop and go move. As soon as his feet stop to set the screen he must start them again as he cuts towards the basket.

Baseline 1-2-3 Man Offense



Baseline 3

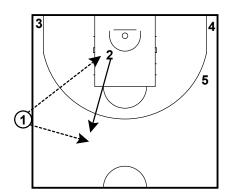
Baseline 1-2-3



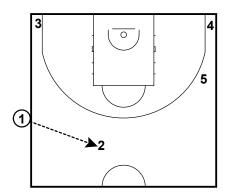
Inbounders options are player 4 for the lay-up or player 3 for the 3P shot.



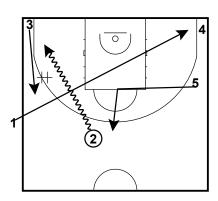
Sideline Attack Man Offense



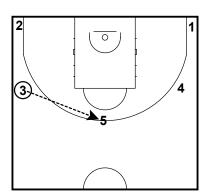
Sideline Attack Man Offense



Sideline Attack Man Offense

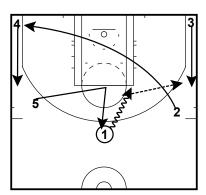


Sideline Attack Man Offense

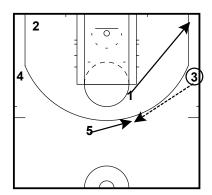




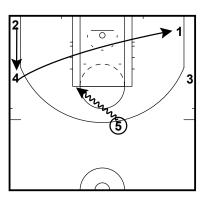
5-out-Attack Man Offense



5-out-Attack Man Offense

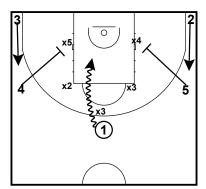


5-out-Attack Man Offense

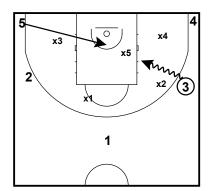




Against 32 Man Offense



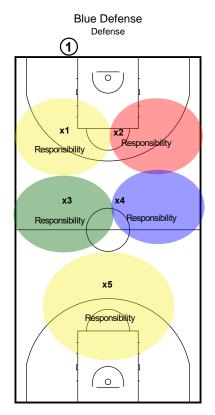
5OUT against 2-3 Man Offense

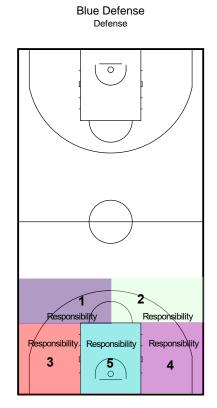


5Out (against zones) Man Offense

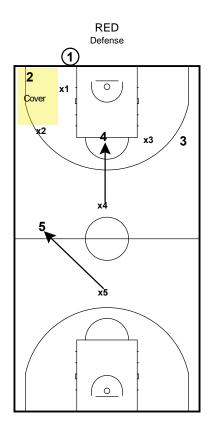


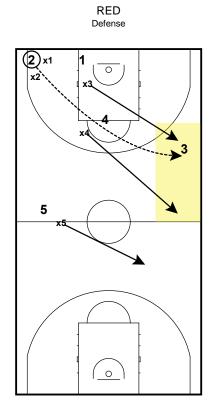


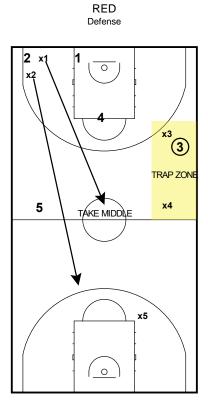












RED Defense

