

First Name	Last Name	Birthdate (MM/DD/YYYY)	Age
Hazel	Stead	11/1/2014	9
Breanna	Stead	7/14/2014	10
Kavya	Mehta	1/29/2015	9
Mia	Smith	2/19/2015	9
Manal	Hadji	12/24/2014	9
Lily	Crocker	5/8/2015	9
Lola	Ganase	12/7/2014	9
Paige	Pelley	10/3/2014	9
Olivia	Tidball	1/21/2014	10
Julia	Keenan	6/19/2014	4
Penelope	Campbell	4/10/2014	10
Srushti	Trivedi	4/11/2015	9
Amy	Justin	12/15/2015	9
Kara	Johnson	1/13/2015	9

# Winter 2025 Events

Skill Development Sessions (Shooting Development & Ball Control Development) Live Play Sessions Team Practices

### **Spring 2025 Tournaments**

April 18<sup>th</sup>-20<sup>th</sup> Swoosh Maximum Madness May 16<sup>th</sup>-18<sup>th</sup> Swoosh Volvo June 27<sup>th</sup>-June 30<sup>th</sup> Great Canadian Shootout

### Gym Locations

Dr. Karl A Clark Elementary School 8453 Franklin Ave Fort McMurray, AB T9H 2J2 St. Kateri Catholic School 301 Sparrow Hawk Dr, Fort McMurray, AB T9K OP1 Elsie Yanik Catholic School 331 Callen Dr, Fort McMurray, AB T9K OX8

### **Program Structure**

The elite season is divided into 3 seasons (Fall, Winter, and Spring). Each season provides athletes with a different aspect of preparing for competitions.

# **Environment**

The goal for our coaches is to create a fun, safe, and competitive environment where athletes not only strive to become better versions of themselves but push their teammates to do the same.

# <u>Fall 2024</u>

The Fall season will focus on conditioning athletes for competition and developing basketball fundamentals. Team sessions will focus on fundamentals, skill development, and gameplay awareness.

### Winter 2025

The Winter season will focus on skill development in small-group training environments. Athletes will participate in 3 different kinds of sessions. Perimeter shooting development, ball handling and interior shooting development, and strength and conditioning.

### Spring 2025

The Spring season is our travel and competition season. Travelling rosters for the Spring will be announced the first week of March. The Spring competition schedule will be available in February. Team events in the Spring will focus on preparing athletes for the tournaments. Even if your child is not travelling the preparation will benefit them.

### Attendance

Attendance is crucial for development; it is also a central component in how we decide which athletes make travelling rosters. Our goal is to provide the best basketball experience we can for your athlete, and we need them to be present as much as possible to maximize the experience.

# Practice Uniform

Athletes must wear athletic wear (shorts or pants), indoor basketball shoes, and a water bottle. Please make sure your child brings a water bottle to all team events.

### Travel Competitions

Athletes that are part of this program will compete in tournaments across Western Canada. Unfortunately, we can only take 12-player rosters to these tournaments.

### **Travel Accommodations**

We provide travel and stay accommodations for athletes on tournament weekends. The accommodations cover travel there and back and a shared room with other NTB teammates. The costs will vary per weekend.

### Winter 2025 Registration Payment Deadline

Your athlete's Winter 2025 registration fee (\$294.00) must be paid by February 1st. Please get in touch with grace@northerntrailblazers.com if you have any questions or concerns.

Event Title	Date	Time	Location	Event Details
Team Practice	2-22-2025	9:00-10:30 am	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	2-24-2025	4:30-6:00 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	2-26-2025	4:30-6:00 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	3-1-2025	9:00-10:30 am	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	3-2-2025	2:00-3:30 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	3-8-2025	9:00-10:30 am	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	3-29-2025	9:00-10:30 am	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	3-31-2025	5:00-6:30 pm	Dr. Clark Public School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	4-4-2025	4:30-5:30 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	4-5-2025	12:00-1:30 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	4-14-2025	5:00-6:30 pm	St. Kateri Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	4-15-2025	5:00-6:30 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development
Team Practice	4-16-2025	5:00-6:30 pm	St. Kateri Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development

Swoosh Maximum Madness Tournament	4-18-2025 – 4-20-2025	Game Schedule N/A	Edmonton, Alberta	