

# TRAILBLAZERS



## Program Roster

First Name	Last Name	Birthdate (YYYY/MM/DD)
Janelle	Abada	2008-12-24
Tamara	Browne	2007-02-08
Paige	Norrgard	2009-05-08
Tory	Bulbeck	2009-07-10
Kayla	Giroux	2008-02-20
Chiamaka	Chijioke	2009-04-05
Hadassah	Amefule	2008-10-20
Isla	Nicholson	2009-10-03
Hailey	Yeo	2009-07-30
Elizabeth	Earle	2008-09-23
Kadience	Pastuck	2009-12-27
Nirva	Mehta	2010-12-10
Pressley	Francis	2008-27-5
Jayci	Francis	2008-27-5

## Winter 2025 Events

Skill Development Sessions (Shooting Development & Ball Control Development)  
Live Play Sessions  
Team Practices

## Spring 2025 Tournaments

April 11<sup>th</sup>-13<sup>th</sup> Good Hoops Invitational  
May 9<sup>th</sup>-11<sup>th</sup> Good Hoops Spring Classic  
June 6<sup>th</sup>-8<sup>th</sup> Good Hoops Summer Slam

## Gym Locations

Dr. Karl A Clark Elementary School 8453 Franklin Ave Fort McMurray, AB T9H 2J2  
St. Kateri Catholic School 301 Sparrow Hawk Dr, Fort McMurray, AB T9K 0P1  
Elsie Yanik Catholic School 331 Callen Dr, Fort McMurray, AB T9K 0X8

## Program Structure

The elite season is divided into 3 seasons (Fall, Winter, and Spring). Each season provides athletes with a different aspect of preparing for competitions.

## **Environment**

The goal for our coaches is to create a fun, safe, and competitive environment where athletes not only strive to become better versions of themselves but push their teammates to do the same.

## **Fall 2024**

The Fall season will focus on conditioning athletes for competition and developing basketball fundamentals. Team sessions will focus on fundamentals, skill development, and gameplay awareness.

## **Winter 2025**

The Winter season will focus on skill development in small-group training environments. Athletes will participate in 3 different kinds of sessions. Perimeter shooting development, ball handling and interior shooting development, and strength and conditioning.

## **Spring 2025**

The Spring season is our travel and competition season. Travelling rosters for the Spring will be announced the first week of March. The Spring competition schedule will be available in February. Team events in the Spring will focus on preparing athletes for the tournaments. Even if your child is not travelling the preparation will benefit them.

## **Attendance**

Attendance is crucial for development; it is also a central component in how we decide which athletes make travelling rosters. Our goal is to provide the best basketball experience we can for your athlete, and we need them to be present as much as possible to maximize the experience.

## **Practice Uniform**

Athletes must wear athletic wear (shorts or pants), indoor basketball shoes, and a water bottle. Please make sure your child brings a water bottle to all team events.

## **Travel Competitions**

Athletes that are part of this program will compete in tournaments across Western Canada. Unfortunately, we can only take 12-player rosters to these tournaments.

## **Travel Accommodations**

We provide travel and stay accommodations for athletes on tournament weekends. The accommodations cover travel there and back and a shared room with other NTB teammates. The costs will vary per weekend.

## **Winter 2025 Registration Payment Deadline**

Your athlete's Winter 2025 registration fee (\$294.00) must be paid by February 1st. Please get in touch with [grace@northerntrailblazers.com](mailto:grace@northerntrailblazers.com) if you have any questions or concerns.

Event Title	Date	Time	Location	Event Details																
Skill Development	2-22-2025	1:30-3:00 pm	Elsie Yanik Catholic School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																
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Skill Development	2-25-2025	Group 1 7:30-8:30-pm  Group 2 8:30-9:30-pm	Elsie Yanik Catholic School	Group 1 <table border="1"> <tr> <td>Isla</td> <td>Tory</td> <td>Hailey</td> <td>Nirva</td> </tr> <tr> <td>Jayci</td> <td>Pressley</td> <td>Kadience</td> <td></td> </tr> </table> Group 2 <table border="1"> <tr> <td>Tamara</td> <td>Janelle</td> <td>Chiamaka</td> <td>Kayla</td> </tr> <tr> <td>Elizabeth</td> <td>Hadassah</td> <td>Paige</td> <td></td> </tr> </table>	Isla	Tory	Hailey	Nirva	Jayci	Pressley	Kadience		Tamara	Janelle	Chiamaka	Kayla	Elizabeth	Hadassah	Paige	
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Skill Development	3-8-2025	1:30-3:00 pm	Elsie Yanik Catholic School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																
Team Practice	3-29-2025	1:30-3:00 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development																
Team Practice	3-30-2025	2:00-3:30 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development																
Team Practice	4-5-2025	1:30-3:00 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development																
Team Practice	4-6-2025	2:00-3:30 pm	Elsie Yanik Catholic School	<u>Team Practice</u> -Building Team Defence -Developing offensive principals -Developing Game play skills -Skill Development																

