



217 LAFFONT BAY
FORT MCMURRAY, AB, T9K 2R3

780-881-2968

INFO@NORTHERNTRAILBLAZERS.COM

Program Roster

First Name	Last Name	Birthdate (MM/DD/YYYY)	Age
Ethan-Michael	Nitsch	4/19/2010	14
michael	adebambo	1/17/2010	14
Moses	Mugisha	4/7/2010	14
Nathan	Chinguwo	2/3/2011	13
Hunter	Tatum	12/9/2011	12
Caleb	King	1/7/2011	13
Rishikkesh	Patel	5/16/2011	13
Alexander	Kosc	3/8/2011	13
Ryder	McCarthy	12/2/2011	12
Sami	Khandoker	1/26/2011	13
Shahfraz	Awan	7/28/2010	14
Ozemoya	Monofi	12/20/2011	12
Muhammad	Bashir	5/29/2010	14
Leul	Samuel	8/2/2011	13
Kanishk	Patel	4/20/2010	14
Muhammed	Olaniyan	11/21/2010	13
Lawrence	Amanyi	12/12/2011	12
Jameson	Foster	11/29/2011	12
Koen	Burkard	5/11/2010	14
Cruze	Flett	9/1/2010	14
Allen	Arthur brown	9/18/2011	12

Kaesens	Eyford	10/28/2010	13
Harshvardhan	Saini	6/17/2010	14
Bentley	Fraser	9/20/2011	13

Fall 2024 Events

Skill Development Sessions (Shooting Development & Ball Control Development)
 Live Play Sessions
 Team Practices
 Strength and Conditioning Sessions
 Program Welcome Meeting (October 6th)
 Fall 2024 Elite League
 Controlled 5v5 Scrimmages

Gym Locations

Dr. Karl A Clark Elementary School 8453 Franklin Ave Fort McMurray, AB T9H 2J2
 St. Kateri Catholic School 301 Sparrow Hawk Dr, Fort McMurray, AB T9K 0P1
 Elsie Yanik Catholic School 331 Callen Dr, Fort McMurray, AB T9K 0X8

Program Structure

The elite season is divided into 3 seasons (Fall, Winter, and Spring). Each season provides athletes with a different aspect of preparing for competitions.

Environment

The goal for our coaches is to create a fun, safe, and competitive environment where athletes not only strive to become better versions of themselves but push their teammates to do the same.

Fall 2024

The Fall season will focus on conditioning athletes for competition and developing basketball fundamentals. Team sessions will focus on fundamentals, skill development, and gameplay awareness.

Winter 2025

The Winter season will focus on skill development in small-group training environments. Athletes will participate in 3 different kinds of sessions. Perimeter shooting development, ball handling and interior shooting development, and strength and conditioning.

Spring 2025

The Spring season is our travel and competition season. Travelling rosters for the Spring will be announced the first week of March. The Spring competition schedule will be available in February. Team events in the Spring will focus on preparing athletes for the tournaments. Even if your child is not travelling the preparation will benefit them.

Attendance

Attendance is crucial for development; it is also a central component in how we decide which athletes make travelling rosters. Our goal is to provide the best basketball experience we can for your athlete, and we need them to be present as much as possible to maximize the experience.

Practice Uniform

Athletes must wear athletic wear (shorts or pants), indoor basketball shoes, and a water bottle. Please make sure your child brings a water bottle to all team events.

Travel Competitions

Athletes that are part of this program will compete in tournaments across Western Canada. Unfortunately, we can only take 12-player rosters to these tournaments.

Travel Accommodations

We provide travel and stay accommodations for athletes on tournament weekends. The accommodations cover travel there and back and a shared room with other NTB teammates. The costs will vary per weekend.

Fall 2024 Registration Payment Deadline

Your athlete's Fall 2024 registration fee (\$294.00) must be paid by October 15th. Please get in touch with grace@northerntrailblazers.com if you have any questions or concerns.

Event Title	Date	Time	Location	Event Details																								
Team Skill Development Session #1	10-1-2024	6:00-7:30 pm	St. Kateri Catholic School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																								
Live Play Session #1	10-2-2024	6:00-7:30 pm	Dr. Clark Public School	<u>Live Play Session</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.																								
Strength and Conditioning Session #1	10-5-2024	4:00-5:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.																								
Elite Program Athlete Welcome Meeting	10-6-2024	6:00-8:30 pm	St. Kateri Catholic School	<u>Team Meeting</u> Coaches will go over the 2024-25 program with players. We will provide refreshments for the evening.																								
Team Skill Development Session #2	10-7-2024	7:00-8:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																								
Live Play Session #2	10-9-2024	7:00-8:00 pm	Dr. Clark Public School	<u>Live Play Session</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.																								
U13/U15 Skill Development Session #3	10-16-2024	6:30-8:00 pm	Dr. Clark Public School	<u>U13/U15 Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																								
Small Group Shooting Development Session #4	10-17-2024	Group 1 - 7:00-8:00 pm Group 2 - 8:00-9:00 pm	St. Kateri Catholic School	<u>Group Shooting Development</u> 3P shooting is important for our program because it allows us to compensate for our lack of size and athleticism. It's important that every player can space the floor by using the threat of the 3P shot. Shooting sessions will focus on improving in-game shooting success. <table border="1" data-bbox="1062 1377 1487 1694"> <thead> <tr> <th>Group 1</th> <th>Group 1</th> <th>Group 2</th> <th>Group 2</th> </tr> </thead> <tbody> <tr> <td>Michael</td> <td>Alexander</td> <td>Kaesen</td> <td>Ethan-Michael</td> </tr> <tr> <td>Hunter</td> <td>Ryder</td> <td>Harshvardhan</td> <td>Moses</td> </tr> <tr> <td>Caleb</td> <td>Sami</td> <td>Jameson</td> <td>Nathan</td> </tr> <tr> <td>Ozemoya</td> <td>Leul</td> <td>Koen</td> <td>Rishikkesh</td> </tr> <tr> <td>Lawrence</td> <td>Kanishk</td> <td>Cruze</td> <td>Shahfraz</td> </tr> </tbody> </table>	Group 1	Group 1	Group 2	Group 2	Michael	Alexander	Kaesen	Ethan-Michael	Hunter	Ryder	Harshvardhan	Moses	Caleb	Sami	Jameson	Nathan	Ozemoya	Leul	Koen	Rishikkesh	Lawrence	Kanishk	Cruze	Shahfraz
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Strength and Conditioning Session #2	10-19-2024	6:00-7:30 pm	St. Kateri Catholic School	Strength and Conditioning Session Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.																																							
Controlled Scrimmaged Live Session #3	10-21-2024	7:30-9:00 pm	Dr. Clark Public School	Program Intrasquad Scrimmage Live sessions put athletes in different situations that they would encounter facing an active opponent. NTB U15 Boys vs NTB HS Girls																																							
Position Development Session #5	10-25-2024	Guards Group 1 – 4:30-6:00 Guards Group 2 – 6:00-7:30 Forwards – 7:30-9:00	St. Kateri Catholic School	<table border="1"> <thead> <tr> <th><u>Guards</u></th> <th><u>Guards</u></th> <th><u>Forwards</u></th> </tr> </thead> <tbody> <tr> <td>4:30-6:00</td> <td>6:00-7:30</td> <td>7:30-9:00</td> </tr> <tr> <td>Ryder</td> <td>Nathan</td> <td>Alexander</td> </tr> <tr> <td>Harshvardhan</td> <td>Shahfraz</td> <td>Michael</td> </tr> <tr> <td>Hunter</td> <td>Koen</td> <td>Muhammad Bashir</td> </tr> <tr> <td>Caleb</td> <td>Kaesen</td> <td>Rishikkesh</td> </tr> <tr> <td>Sami</td> <td>Moses</td> <td>Jameson</td> </tr> <tr> <td>Leul</td> <td></td> <td>Ethan-Michael</td> </tr> <tr> <td>Kanishk</td> <td></td> <td>Allen</td> </tr> <tr> <td>Bentley</td> <td></td> <td>Ozemoya</td> </tr> <tr> <td>Muhammed</td> <td></td> <td>Lawrence</td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table>	<u>Guards</u>	<u>Guards</u>	<u>Forwards</u>	4:30-6:00	6:00-7:30	7:30-9:00	Ryder	Nathan	Alexander	Harshvardhan	Shahfraz	Michael	Hunter	Koen	Muhammad Bashir	Caleb	Kaesen	Rishikkesh	Sami	Moses	Jameson	Leul		Ethan-Michael	Kanishk		Allen	Bentley		Ozemoya	Muhammed		Lawrence						
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Strength and Conditioning Session #3	10-26-2024	6:00-7:30 pm	St. Kateri Catholic School	Strength and Conditioning Session Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.																																							
Team Skill Development Session #6	10-28-2024	7:00-8:00 pm	Dr. Clark Public School	Skill Development Session Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																																							
Team Skill Development Session #8	10-30-2024	7:00-8:00 pm	Dr. Clark Public School	Skill Development Session Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																																							
Controlled Scrimmaged Live Session #4	11-4-2024	5:00-6:30 pm	Dr. Clark Public School	Program Intrasquad Scrimmage Live sessions put athletes in different situations that they would encounter facing an active opponent. NTB U15 Boys vs NTB HS Girls																																							

Controlled Scrimmaged Live Session #5	11-6-2024	5:00-6:30 pm	Dr. Clark Public School	<u>Program Intrasquad Scrimmage</u> Live sessions put athletes in different situations that they would encounter facing an active opponent. NTB U15 Boys 2 vs NTB HS Girls
Controlled Scrimmaged Live Session #6	11-8-2024	5:00-6:30 pm	Dr. Clark Public School	<u>Program Intrasquad Scrimmage</u> Live sessions put athletes in different situations that they would encounter facing an active opponent. NTB U15 Boys 1 vs NTB HS Girls
Strength and Conditioning Session #4	11-9-2024	6:00-7:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.
Controlled Scrimmaged Live Session #7	11-15-2024	5:00-6:30 pm	St. Kateri Catholic School	<u>Program Intrasquad Scrimmage</u> Live sessions put athletes in different situations that they would encounter facing an active opponent. NTB U15 Boys vs NTB U15 Boys
Team Skill Development Session #9	11-18-2024	7:00-8:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing
Team Skill Development Session #10	11-20-2024	7:00-8:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing
Team Skill Development Session #11	11-25-2024	7:00-8:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing
Team Skill Development Session #12	11-27-2024	7:00-8:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing
Team Practice #1	12-2-2024	7:30-9:00 pm	Dr. Clark Public School	<u>Team Practice #1</u> -Building Team Defence -Developing offensive principals -Developing Game play skills

Team Practice #2	12-4-2024	7:30-9:00 pm	Dr. Clark Public School	<u>Team Practice #2</u> -Building Team Defence -Developing offensive principals -Developing Game play skills																												
Fall Elite League Game Day 1	12-9-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U15 & U13 elite programs will be split into 4 teams that will compete to be the Fall 2024 Elite League Champions.																												
Small Group Shooting Development Session #5	12-10-2024	Group 1 - 4:30-6:00 pm Group 2 – 6:30-8:00 pm	St. Kateri Catholic School	<u>Group Shooting Development</u> 3P shooting is important for our program because it allows us to compensate for our lack of size and athleticism. It's important that every player can space the floor by using the threat of the 3P shot. Shooting sessions will focus on improving in-game shooting success. <table border="1" data-bbox="1062 621 1487 989"> <thead> <tr> <th>Group 1</th> <th>Group 1</th> <th>Group 2</th> <th>Group 2</th> </tr> </thead> <tbody> <tr> <td>Michael</td> <td>Alexander</td> <td>Kaesen</td> <td>Ethan-Michael</td> </tr> <tr> <td>Hunter</td> <td>Ryder</td> <td>Harshvardhan</td> <td>Moses</td> </tr> <tr> <td>Caleb</td> <td>Sami</td> <td>Jameson</td> <td>Nathan</td> </tr> <tr> <td>Ozemoya</td> <td>Leul</td> <td>Koen</td> <td>Rishikkesh</td> </tr> <tr> <td>Lawrence</td> <td>Kanishk</td> <td>Cruze</td> <td>Shahfraz</td> </tr> <tr> <td>Allen</td> <td>Bentley</td> <td>Muhammad</td> <td>Muhammed</td> </tr> </tbody> </table>	Group 1	Group 1	Group 2	Group 2	Michael	Alexander	Kaesen	Ethan-Michael	Hunter	Ryder	Harshvardhan	Moses	Caleb	Sami	Jameson	Nathan	Ozemoya	Leul	Koen	Rishikkesh	Lawrence	Kanishk	Cruze	Shahfraz	Allen	Bentley	Muhammad	Muhammed
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Fall Elite League Game Day 2	12-11-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U15 & U13 elite programs will be split into 4 teams that will compete to be the Fall 2024 Elite League Champions.																												
Fall Elite League Game Day 3	12-16-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U15 & U13 elite programs will be split into 4 teams that will compete to be the Fall 2024 Elite League Champions.																												
Team Skill Development Session #13	12-17-2024	8:00-9:00 pm	Elsie Yanik Catholic School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																												
Fall Elite League Game Day 4	12-18-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U15 & U13 elite programs will be split into 4 teams that will compete to be the Fall 2024 Elite League Champions.																												
Fall Elite League Game Playoffs	12-21-2024	8:00 am - 9:00 pm	St. Kateri Catholic School	<u>Fall 2024 Elite League</u> U15 & U13 elite programs will be split into 4 teams that will compete to be the Fall 2024 Elite League Champions.																												

