



217 LAFFONT BAY
FORT MCMURRAY, AB, T9K 2R3

780-881-2968

INFO@NORTHERNTRAILBLAZERS.COM

Program Roster

First Name	Last Name	Birthdate (MM/DD/YYYY)	Age
Mikel	Arthur Brown	5/16/2015	9
Michael Angelo	Bautista	4/2/2014	10
Wynn	Bailey	7/26/2014	10
Jacob	Spencer	4/28/2015	9
Wesley	Perry	1/31/2015	9
Carson	King	8/3/2014	10
Shahzain	Awan	10/11/2014	9
Jackson	Campbell	7/26/2016	8
Mason	McGrath	2/2/2014	10
Matthew	O'Brien	1/20/2014	10
Noah Alexander	Verian	5/26/2014	10
Ananosi	Monofi	10/18/2015	8
Andreas	Avgoustis	4/23/2015	9
Nathan	Samuel	3/16/2016	8
Joel	Oke	1/8/2014	10
Alexander	Casaya	12/6/2014	9
Veer	Shastri	4/20/2015	9
Ashton	Kean	9/23/2015	8
Alexander	Calmic	7/11/2015	9
Aden	Trost	1/21/2014	10
Ezra	Vigilance	3/4/2014	10

Fall 2024 Events

Skill Development Sessions (Shooting Development & Ball Control Development)
Live Play Sessions
Team Practices
Strength and Conditioning Sessions
Program Welcome Meeting (October 6th)
Fall 2024 Elite League
Controlled 5v5 Scrimmages

Gym Locations

Dr. Karl A Clark Elementary School 8453 Franklin Ave Fort McMurray, AB T9H 2J2
St. Kateri Catholic School 301 Sparrow Hawk Dr, Fort McMurray, AB T9K 0P1
Elsie Yanik Catholic School 331 Callen Dr, Fort McMurray, AB T9K 0X8

Program Structure

The elite season is divided into 3 seasons (Fall, Winter, and Spring). Each season provides athletes with a different aspect of preparing for competitions.

Environment

The goal for our coaches is to create a fun, safe, and competitive environment where athletes not only strive to become better versions of themselves but push their teammates to do the same.

Fall 2024

The Fall season will focus on conditioning athletes for competition and developing basketball fundamentals. Team sessions will focus on fundamentals, skill development, and gameplay awareness.

Winter 2025

The Winter season will focus on skill development in small-group training environments. Athletes will participate in 3 different kinds of sessions. Perimeter shooting development, ball handling and interior shooting development, and strength and conditioning.

Spring 2025

The Spring season is our travel and competition season. Travelling rosters for the Spring will be announced the first week of March. The Spring competition schedule will be available in February. Team events in the Spring will focus on preparing athletes for the tournaments. Even if your child is not travelling the preparation will benefit them.

Attendance

Attendance is crucial for development; it is also a central component in how we decide which athletes make travelling rosters. Our goal is to provide the best basketball experience we can for your athlete, and we need them to be present as much as possible to maximize the experience.

Practice Uniform

Athletes must wear athletic wear (shorts or pants), indoor basketball shoes, and a water bottle. Please make sure your child brings a water bottle to all team events.

Travel Competitions

Athletes that are part of this program will compete in tournaments across Western Canada. Unfortunately, we can only take 12-player rosters to these tournaments.

Travel Accommodations

We provide travel and stay accommodations for athletes on tournament weekends. The accommodations cover travel there and back and a shared room with other NTB teammates. The costs will vary per weekend.

Fall 2024 Registration Payment Deadline

Your athlete's Fall 2024 registration fee (\$294.00) must be paid by October 15th. Please get in touch with grace@northerntrailblazers.com if you have any questions or concerns.

<i>Event Title</i>	<i>Date</i>	<i>Time</i>	<i>Location</i>	<i>Event Details</i>
Team Skill Development Session #1	10-4-2024	4:30-6:00 pm	Elsie Yanik Catholic School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing

Strength and Conditioning Session #1	10-5-2023	12:00-1:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.			
Elite Program Athlete Welcome Meeting	10-6-2024	6:00-8:30 pm	St. Kateri Catholic School	<u>Team Meeting</u> Coaches will go over the 2024-25 program with players. We will provide refreshments for the evening.			
Team Skill Development Session #2	10-7-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing			
Live Play Session #1	10-9-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Live Play Session</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.			
Small Group Skill Development	10-15-2024	Group 1 - 4:30-5:30 pm Group 2 - 5:30-6:30 pm Group 3 - 6:30-7:30 pm Group 4 - 7:30-8:30 pm	St. Kateri Catholic School	<u>Group 1</u>	<u>Group 2</u>	<u>Group 3</u>	<u>Group 4</u>
				Mikel	Jacob	Aden	Andreas
				Wynn	Ezra	Michael Angelo	Jackson
				Ananosi	Carson	Joel	Shahzain
				Nathan	Veer	Alex Casaya	Ashton
				Wesley	Alex Calmic	Matthew	Mason
			Noah				
Live Play Session #2	10-16-2024	5:00-6:30 pm	Elsie Yanik Catholic School	<u>Live Play Session</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.			
Strength and Conditioning Session #2	10-19-2024	12:00-1:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.			
Controlled Scrimmage	10-21-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Program Intrasquad Scrimmage</u> Live sessions put athletes in different situations that they would encounter facing an active opponent. NTB U11 Boys vs NTB U13 Girls			
Strength and Conditioning Session #3	10-26-2024	12:00-1:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.			

Team Skill Development Session #3	10-28-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																												
Team Skill Development Session #4	10-30-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																												
Live Session	11-8-2024	5:00-6:30 pm	Elsie Yanik Catholic School	<u>Program Intrasquad Scrimmage</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.																												
Strength and Conditioning Session #4	11-9-2024	12:00-1:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.																												
Team Skill Development Session #6	11-18-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																												
Team Skill Development Session #7	11-20-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																												
Shooting Development Session #1	11-22-2024	Group 1 - 5:30-6:30 pm Group 2 - 7:30-8:30 pm	St. Kateri Catholic School	<u>Team Shooting Development</u> Shooting is important for our program because it allows us to compensate for our lack of size. It's important that every player can space the floor by using the threat of the shot. Shooting sessions will focus on improving in-game shooting success. <table border="1" data-bbox="1109 1276 1539 1543"> <thead> <tr> <th>Group 1</th> <th>Group 1</th> <th>Group 2</th> <th>Group 2</th> </tr> </thead> <tbody> <tr> <td>Mikel</td> <td>Jacob</td> <td>Aden</td> <td>Andreas</td> </tr> <tr> <td>Wynn</td> <td>Ezra</td> <td>Michael Angelo</td> <td>Jackson</td> </tr> <tr> <td>Ananosi</td> <td>Carson</td> <td>Joel</td> <td>Shahzain</td> </tr> <tr> <td>Nathan</td> <td>Veer</td> <td>Alex Casaya</td> <td>Ashton</td> </tr> <tr> <td>Wesley</td> <td>Alex Calmic</td> <td>Matthew</td> <td>Mason</td> </tr> <tr> <td></td> <td></td> <td>Noah</td> <td></td> </tr> </tbody> </table>	Group 1	Group 1	Group 2	Group 2	Mikel	Jacob	Aden	Andreas	Wynn	Ezra	Michael Angelo	Jackson	Ananosi	Carson	Joel	Shahzain	Nathan	Veer	Alex Casaya	Ashton	Wesley	Alex Calmic	Matthew	Mason			Noah	
Group 1	Group 1	Group 2	Group 2																													
Mikel	Jacob	Aden	Andreas																													
Wynn	Ezra	Michael Angelo	Jackson																													
Ananosi	Carson	Joel	Shahzain																													
Nathan	Veer	Alex Casaya	Ashton																													
Wesley	Alex Calmic	Matthew	Mason																													
		Noah																														
Team Skill Development Session #8	11-25-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																												

Team Skill Development Session #9	11-27-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing
Team Practice #1	12-2-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Team Practice #1</u> -Building Team Defence -Developing offensive principals -Developing Game play skills
Team Practice #2	12-4-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Team Practice #2</u> -Building Team Defence -Developing offensive principals -Developing Game play skills
Fall Elite League Game Day 1	12-9-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U11 Boys & U11 Girls elite programs will be split into 4 co-ed teams that will compete to be the Fall 2024 Elite League Champions.
Fall Elite League Game Day 2	12-11-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U11 Boys & U11 Girls elite programs will be split into 4 co-ed teams that will compete to be the Fall 2024 Elite League Champions.
Fall Elite League Game Day 3	12-16-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U11 Boys & U11 Girls elite programs will be split into 4 co-ed teams that will compete to be the Fall 2024 Elite League Champions.
Team Skill Development Session #10	12-17-2024	5:00-6:00 pm	Elsie Yanik Catholic School	<u>Skill Development Session</u> U11 Boys & U11 Girls elite programs will be split into 4 co-ed teams that will compete to be the Fall 2024 Elite League Champions.
Fall Elite League Game Day 4	12-18-2024	5:00-6:00 pm	Dr. Clark Public School	<u>Fall 2024 Elite League</u> U11 Boys & U11 Girls elite programs will be split into 4 co-ed teams that will compete to be the Fall 2024 Elite League Champions.
Team Shooting Development Session #12	12-19-2024	4:30-6:00 pm	St. Kateri Catholic School	<u>Team Shooting Development</u> Shooting is important for our program because it allows us to compensate for our lack of size. It's important that every player can space the floor by using the threat of the shot. Shooting sessions will focus on improving in-game shooting success.



Fall Elite League Game Playoffs	12-21-2024	8:00 am - 9:00 pm	St. Kateri Catholic School	<u>Fall 2024 Elite League</u> U11 Boys & U11 Girls elite programs will be split into 4 co-ed teams that will compete to be the Fall 2024 Elite League Champions.
---------------------------------	------------	-------------------	----------------------------	---

