



217 LAFFONT BAY
FORT MCMURRAY, AB, T9K 2R3

780-881-2968

INFO@NORTHERNTRAILBLAZERS.COM

Program Roster

First Name	Last Name	Age
Zedrick Erl	Flores	15
Ethan	Matutu	15
Elijah	Sapad	15
Miko Andrei	Lopez	16
Nathan	Adebayo	15
Bakary	Konate	16
Julien	Gamarcha	16
Curren	Gregoire Jenkins	16
Emmanuel	Okei	14
Emmanuel	Osegbue	17
Ekansh	Varshney	17
Folakade (Kade)	Ologunde	16
Owen	Martinovic	14
Benjamin	Fitzgerald	15
Ivanovik	Saenz	15
James	Fresz	17
Daniel	Chijioke	16
Matthew	Tieties	17
Dumo	Denni	15
Zachary	Dyck	15
Luv	Patel	15
Adelio	Arthur Brown	15

Jordan	Pearce-Gracie	15
Gavin	Bounds	14
Tiago	Lance	15
Kobe	Lance	17
Elliott	Murphy	15
Rohith	Samsonroy	15
Yafiet	Tekali	15
Ugwumba	Akamadu	15
Peter	Ajayi	15
Cruz	Botel	16

Fall 2024 Events

Skill Development Sessions (Shooting Development & Ball Control Development)
 Live Play Sessions
 Team Practices
 Strength and Conditioning Sessions
 Program Welcome Meeting (October 6th)
 Controlled 5v5 Scrimmages

Gym Locations

Dr. Karl A Clark Elementary School 8453 Franklin Ave Fort McMurray, AB T9H 2J2
 St. Kateri Catholic School 301 Sparrow Hawk Dr, Fort McMurray, AB T9K 0P1
 Elsie Yanik Catholic School 331 Callen Dr, Fort McMurray, AB T9K 0X8

Program Structure

The elite season is divided into 3 seasons (Fall, Winter, and Spring). Each season provides athletes with a different aspect of preparing for competitions.

Environment

The goal for our coaches is to create a fun, safe, and competitive environment where athletes not only strive to become better versions of themselves but push their teammates to do the same.

Fall 2024

The Fall season will focus on conditioning athletes for competition and developing basketball fundamentals and skills. Team sessions will focus on fundamentals, skill development, and gameplay awareness.

Winter 2025

The Winter season will focus on skill development in small-group training environments. Athletes will participate in 3 different kinds of sessions. Perimeter shooting development, ball handling and interior shooting development, and strength and conditioning.

Spring 2025

The Spring season is our travel and competition season. Travelling rosters for the Spring will be announced the first week of March. The Spring competition schedule will be available in February. Team events in the Spring will focus on preparing athletes for the tournaments. Even if your child is not travelling the preparation will benefit them.

Attendance

Attendance is crucial for development; it is also a central component in how we decide which athletes make travelling rosters. Our goal is to provide the best basketball experience we can for your athlete, and we need them to be present as much as possible to maximize the experience.

Practice Uniform

Athletes must wear athletic wear (shorts or pants), indoor basketball shoes, and a water bottle. Please make sure your child brings a water bottle to all team events.

Travel Competitions

Athletes that are part of this program will compete in tournaments across Western Canada. Unfortunately, we can only take 12-player rosters to these tournaments.

Travel Accommodations

We provide travel and stay accommodations for athletes on tournament weekends. The accommodations cover travel there and back and a shared room with other NTB teammates. The costs will vary per weekend.

Fall 2024 Registration Payment Deadline

Your athlete's Fall 2024 registration fee (\$294.00) must be paid by October 15th. Please get in touch with grace@northerntrailblazers.com if you have any questions or concerns.

Event Title	Date	Time	Location	Event Details																																							
Team Skill Development Session 1	10-1-2024	7:30-9:00 pm	St. Kateri Catholic School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																																							
Live Play Session #1	10-2-2024	7:30-9:00 pm	Dr. Clark Public School	<u>Live Play Session</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.																																							
Strength and Conditioning Session #1	10-5-2024	6:00-7:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.																																							
Elite Program Athlete Welcome Meeting	10-6-2024	6:00-8:30 pm	St. Kateri Catholic School	<u>Team Meeting</u> Coaches will go over the 2024-25 program with players. We will provide refreshments for the evening.																																							
Team Skill Development Session #2	10-7-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing																																							
Live Play Session #2	10-9-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Live Play Session</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.																																							
Position Development Session #3	10-11-2024	Guards Group 1 – 4:30-6:00 Guards Group 2 – 6:00-7:30 Forwards – 7:30-9:00	Elsie Yanik Catholic School	<table border="1"> <thead> <tr> <th>Guards 1</th> <th>Guards 2</th> <th>Forwards</th> </tr> </thead> <tbody> <tr> <td>Elijah</td> <td>Tiago</td> <td>Nathan</td> </tr> <tr> <td>Bakary</td> <td>Kobe</td> <td>Kade</td> </tr> <tr> <td>Owen</td> <td>Zedrick Erl</td> <td>James</td> </tr> <tr> <td>Ivan</td> <td>Ethan</td> <td>Daniel</td> </tr> <tr> <td>Zachary</td> <td>Miko Andrei</td> <td>Junior</td> </tr> <tr> <td>Luv</td> <td>Julien</td> <td>Emmanuel</td> </tr> <tr> <td>Adelio</td> <td>Curren</td> <td>Ben</td> </tr> <tr> <td>Gavin</td> <td>Ekansh</td> <td>Dumo</td> </tr> <tr> <td>Rohith</td> <td>Yafiet</td> <td>Jordan</td> </tr> <tr> <td>Ugwumba</td> <td>Matthew</td> <td>Elliott</td> </tr> <tr> <td>Cruz</td> <td></td> <td>Peter</td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table>	Guards 1	Guards 2	Forwards	Elijah	Tiago	Nathan	Bakary	Kobe	Kade	Owen	Zedrick Erl	James	Ivan	Ethan	Daniel	Zachary	Miko Andrei	Junior	Luv	Julien	Emmanuel	Adelio	Curren	Ben	Gavin	Ekansh	Dumo	Rohith	Yafiet	Jordan	Ugwumba	Matthew	Elliott	Cruz		Peter			
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Group Shooting Development Session #4	10-12-2024	Group 1 - 2:30-4:00 pm Group 2 – 4:00-5:30 pm Group 3 - 5:30-7:00 pm Group 4 – 7:00-8:30 pm	St. Kateri Catholic School	<p>3P shooting is important for our program because it allows us to compensate for our lack of size and athleticism. It's important that every player can space the floor by using the threat of the 3P shot. Shooting sessions will focus on improving in-game shooting success.</p> <table border="1" data-bbox="993 302 1425 552"> <thead> <tr> <th>Group 1</th> <th>Group 2</th> <th>Group 3</th> <th>Group 4</th> </tr> </thead> <tbody> <tr> <td>Junior</td> <td>Elijah</td> <td>Zedrick Ert</td> <td>Jordan</td> </tr> <tr> <td>Dumo</td> <td>Miko</td> <td>Ethan</td> <td>Peter</td> </tr> <tr> <td>Nathan</td> <td>Owen</td> <td>Yafiet</td> <td>James</td> </tr> <tr> <td>Kade</td> <td>Ekansh</td> <td>Emmanuel</td> <td>Daniel</td> </tr> <tr> <td>Cruz</td> <td>Luv</td> <td>Julien</td> <td>Ben</td> </tr> <tr> <td>Ugwumba</td> <td>Rohith</td> <td>Tiago</td> <td>Elliott</td> </tr> <tr> <td>Adelio</td> <td>Gavin</td> <td>Kobe</td> <td>Matthew</td> </tr> <tr> <td>Bakary</td> <td>Ivan</td> <td>Curren</td> <td></td> </tr> <tr> <td></td> <td></td> <td>Zachary</td> <td></td> </tr> </tbody> </table>	Group 1	Group 2	Group 3	Group 4	Junior	Elijah	Zedrick Ert	Jordan	Dumo	Miko	Ethan	Peter	Nathan	Owen	Yafiet	James	Kade	Ekansh	Emmanuel	Daniel	Cruz	Luv	Julien	Ben	Ugwumba	Rohith	Tiago	Elliott	Adelio	Gavin	Kobe	Matthew	Bakary	Ivan	Curren				Zachary	
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Team Shooting Development Session #5	10-16-2024	Group 1 6:00-7:30 pm Group 2 7:30-9:00 pm	St. Kateri Catholic School	<p><u>Team Shooting Development</u> 3P shooting is important for our program because it allows us to compensate for our lack of size and athleticism. It's important that every player can space the floor by using the threat of the 3P shot. Shooting sessions will focus on improving in-game shooting success.</p> <table border="1" data-bbox="993 747 1425 999"> <thead> <tr> <th>Group 1</th> <th>Group 1</th> <th>Group 2</th> <th>Group 2</th> </tr> </thead> <tbody> <tr> <td>Zedrick Ert</td> <td>Elijah</td> <td>Junior</td> <td>Jordan</td> </tr> <tr> <td>Ethan</td> <td>Miko</td> <td>Dumo</td> <td>Peter</td> </tr> <tr> <td>Yafiet</td> <td>Bakary</td> <td>Nathan</td> <td>James</td> </tr> <tr> <td>Ugwumba</td> <td>Ekansh</td> <td>Kade</td> <td>Daniel</td> </tr> <tr> <td>Julien</td> <td>Luv</td> <td>Cruz</td> <td>Ben</td> </tr> <tr> <td>Tiago</td> <td>Rohith</td> <td>Emmanuel</td> <td>Elliott</td> </tr> <tr> <td>Kobe</td> <td>Gavin</td> <td>Owen</td> <td>Zachary</td> </tr> <tr> <td>Curren</td> <td>Ivan</td> <td></td> <td></td> </tr> <tr> <td>Adelio</td> <td>Matthew</td> <td></td> <td></td> </tr> </tbody> </table>	Group 1	Group 1	Group 2	Group 2	Zedrick Ert	Elijah	Junior	Jordan	Ethan	Miko	Dumo	Peter	Yafiet	Bakary	Nathan	James	Ugwumba	Ekansh	Kade	Daniel	Julien	Luv	Cruz	Ben	Tiago	Rohith	Emmanuel	Elliott	Kobe	Gavin	Owen	Zachary	Curren	Ivan			Adelio	Matthew		
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Team Shooting Development Session #6	10-18-2024	Group 1 4:30-6:00 pm Group 2 6:00-7:30 pm	St. Kateri Catholic School	<p><u>Team Shooting Development</u> 3P shooting is important for our program because it allows us to compensate for our lack of size and athleticism. It's important that every player can space the floor by using the threat of the 3P shot. Shooting sessions will focus on improving in-game shooting success.</p> <table border="1" data-bbox="993 1194 1425 1446"> <thead> <tr> <th>Group 1</th> <th>Group 1</th> <th>Group 2</th> <th>Group 2</th> </tr> </thead> <tbody> <tr> <td>Zedrick Ert</td> <td>Elijah</td> <td>Junior</td> <td>Jordan</td> </tr> <tr> <td>Ethan</td> <td>Miko</td> <td>Dumo</td> <td>Peter</td> </tr> <tr> <td>Yafiet</td> <td>Bakary</td> <td>Nathan</td> <td>James</td> </tr> <tr> <td>Ugwumba</td> <td>Ekansh</td> <td>Kade</td> <td>Daniel</td> </tr> <tr> <td>Julien</td> <td>Luv</td> <td>Cruz</td> <td>Ben</td> </tr> <tr> <td>Tiago</td> <td>Rohith</td> <td>Emmanuel</td> <td>Elliott</td> </tr> <tr> <td>Kobe</td> <td>Gavin</td> <td>Owen</td> <td>Zachary</td> </tr> <tr> <td>Curren</td> <td>Ivan</td> <td></td> <td></td> </tr> <tr> <td>Adelio</td> <td>Matthew</td> <td></td> <td></td> </tr> </tbody> </table>	Group 1	Group 1	Group 2	Group 2	Zedrick Ert	Elijah	Junior	Jordan	Ethan	Miko	Dumo	Peter	Yafiet	Bakary	Nathan	James	Ugwumba	Ekansh	Kade	Daniel	Julien	Luv	Cruz	Ben	Tiago	Rohith	Emmanuel	Elliott	Kobe	Gavin	Owen	Zachary	Curren	Ivan			Adelio	Matthew		
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Strength and Conditioning Session #2	10-19-2024	6:00-7:30 pm	St. Kateri Catholic School	<p><u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.</p>																																								

Position Development Session #7	10-25-2024	Guards – 6:00-7:30 Forwards – 7:30-9:00	St. Kateri Catholic School	<u>Guards 1</u>	<u>Guards 1</u>	<u>Forwards 1</u>	<u>Forwards</u>
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				Kobe	Gavin	Owen	Zachary
				Curren	Ivan		
				Adelio	Matthew		
Strength and Conditioning Session #3	10-26-2024	6:00-7:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.			
Team Skill Development Session #8	10-28-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing			
Team Skill Development Session #9	10-30-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing			
High School Boys 3x3 Tournament	11-2-2024	9:00 am – 6:00 pm	St. Kateri Catholic School	<u>NTB High School 3x3 Tournament</u> Live sessions put athletes in different situations that they would encounter facing an active opponent.			
Live Play Session #5 NTB High School Boys Series Game 1 First team to win 3 games wins the series	11-4-2024	6:30-8:30 pm	Dr. Clark Public School	<u>NTB High School Boys Series</u> The High school boys program will be split into 2 teams that will compete in a 5 game series for prizes and bragging rights.			
Live Play Session #6 NTB High School Boys Series Game 2 First team to win 3 games wins the series	11-6-2024	6:30-8:30 pm	Dr. Clark Public School	<u>NTB High School Boys Series</u> The High school boys program will be split into 2 teams that will compete in a 5 game series for prizes and bragging rights.			
Live Play Session #7 NTB High School Boys Series Game 3 First team to win 3 games wins the series	11-8-2024	6:30-8:30 pm	St. Kateri Catholic School	<u>NTB High School Boys Series</u> The High school boys program will be split into 2 teams that will compete in a 5 game series for prizes and bragging rights.			
Strength and Conditioning Session #4	11-9-2024	6:00-7:30 pm	St. Kateri Catholic School	<u>Strength and Conditioning Session</u> Athletes will use resistance training to build muscle. Sessions will focus on developing explosiveness and core strength.			

Live Play Session #8 NTB High School Boys Series Game 4 First team to win 3 games wins the series	11-10-2024	6:30-8:30 pm	St. Kateri Catholic School	<u>NTB High School Boys Series (If needed)</u> The High school boys program will be split into 2 teams that will compete in a 5 game series for prizes and bragging rights.					
Live Play Session #9 NTB High School Boys Series Game 5 First team to win 3 games wins the series	11-15-2024	6:30-8:30 pm	St. Kateri Catholic School	<u>NTB High School Boys Series (If needed)</u> The High school boys program will be split into 2 teams that will compete in a 5 game series for prizes and bragging rights.					
Team Skill Development Session #10	11-18-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing					
Team Skill Development Session #11	11-20-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing					
Small Group Individual Training	11-23-2024	Please see schedule in column to the right	St. Kateri Catholic School	11:00- 12:30	12:30- 2:00	2:00- 3:30	3:30- 5:00	5:00-6:30	6:30- 8:00
				Ivan	Tiago	Matthew	Owen	Jordan	Daniel
				Erl	Gavin	Ethan	Zachary	Nathan	James
				Elijah	Miko	Curren	Dumo	Elliott	Kade
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				Bakary	Luv	Kobe	Junior	Emmanuel	
				Yafiet	Rohith	Ekansh			
Team Skill Development Session #12	11-25-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing					
Team Skill Development Session #13	11-27-2024	8:00-9:00 pm	Dr. Clark Public School	<u>Skill Development Session</u> Sessions focus on developing ball control skills. This includes shooting touch, dribbling, and passing					

Small Group Individual Training	11-30-2024	Please see schedule in column to the right	St. Kateri Catholic School	11:00- 12:30	12:30- 2:00	2:00- 3:30	3:30- 5:00	5:00-6:30	6:30- 8:00
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