



780-881-2968

### Program Roster

#	First Name	Last Name	Birthdate (MM/DD/YYYY)	Age
1.	Ugwumba	Akamadu	9/25/2008	15
2.	Ethan	Matutu	1/20/2009	15
3.	Adelio	Arthur Brown	10/2/2008	15
4.	Zedrick Erl	Flores	9/24/2008	15
5.	Julian	Gamarcha	8/10/2008	15
6.	Folakade (Kade)	Ologunde	8/25/2008	15
7.	Rohith	Samsonroy	7/6/2008	15
8.	Elijah	Sapad	9/21/2008	15
9.	Cruz	Botel	4/19/2008	15
10.	Miko	Lopez	12/11/2008	15
11.	Souleymane	Kone		15
12.	Emmanuel	Okei	12/6/2009	14
13.	Nathan	Adebayo	1/16/2009	15
14.	Benjamin	fitzgerald	2/13/2009	15
15.	Tiago	Lance	9/3/2009	14
16.	Elliott	Murphy	1/10/2009	15
17.	Luv	Patel	5/28/2009	14
18.	YASH	PATEL	6/8/2009	14

# Spring 2024 Events

Skill Development Sessions Spring Elite Training Camp Team Practices

## Spring 2024 Tournaments

Good Hoops Spring Classic (In Edmonton, May 10th-12th) Genesis Classic (In Calgary, May 17<sup>th</sup>-19<sup>th</sup>) WEBA Summer Invitational (In Edmonton, May 31<sup>st</sup> – June 2<sup>nd</sup>) Good Hoops Summer Classic (In Edmonton, June 7<sup>th</sup>-9<sup>th</sup>)

#### Program Structure

The elite season is divided into 3 seasons (Fall, Winter, and Spring). Each season provides athletes with a different aspect of preparing for competitions.

### <u>Training Camp</u>

Training camp is a preparation period in which athletes will participate in a rigorous training regime to prepare them for a competition. During this period your athlete may experience soreness in-between practices. It is essential that during training camp weekend athletes hydrate, sleep well, and take care of themselves outside of team events. We run our training camp 2 times each elite season. The rigorous training camp environment is not our typical program training environment.

#### **Environment**

The goal for our coaches is to create a fun, safe, and competitive environment where athletes not only strive to become better versions of themselves but push their teammates to do the same.

# <u>Attendance</u>

Attendance is crucial for development and a central component in deciding which athletes make travelling rosters. Our goal is to provide the best basketball experience we can for your athlete, and we need them to be present as much as possible to maximize the experience.

# Practice Uniform

Athletes must wear athletic wear (shorts or pants), indoor basketball shoes, and a water bottle. Please make sure your child brings a water bottle to all team events.

## **Travel Competitions**

Athletes that are part of this program will compete in tournaments in Edmonton. Unfortunately, we can only take 12-player rosters to these tournaments. The Spring competition rosters will be decided after Spring Training Camp. An email with the rosters and travel details will be sent the following afternoon.

#### **Travel Accommodations**

We provide travel and stay accommodations for athletes on tournament weekends. The accommodations cover travel there and back and a shared room with other NTB teammates. The costs will range between \$195-\$210 per weekend for 2 nights.

### Spring 2024 Registration Payment Deadline

Your athlete's Spring 2024 registration fee (\$294.00) must be paid by April 15th. Please get in touch with grace@northerntrailblazers.com if you have any questions or concerns.

Event Title	Date	Time	Location	Event Details
Spring Training Camp Day 1	3-23-2024	4:00-6:00	St. Kateri Catholic School	Training Camp Practice 1
Spring Training Camp Day 2	3-24-2024	4:00-5:30	St. Kateri Catholic School	Training Camp Practice 2
Spring Training Camp Day 3	3-27-2024	5:30-7:30	St. Kateri Catholic School	Training Camp Practice 3
Spring Training Camp Day 4	3-30-2024	4:00-6:00	St. Kateri Catholic School	Training Camp Practice 4

Spring Training Camp Day 5	4-3-2024	5:30-7:30	St. Kateri Catholic School	Training Camp Practice 5
Team Practice	4-7-2024	5:30-7:30	St. Kateri Catholic School	Team Practice 1
Team Practice	4-8-2024	4:30-6:30	St. Kateri Catholic School	Team Practice 2
Team Practice	4-11-2024	4:30-6:30	St. Kateri Catholic School	Team Practice 3
Open Gym	4-22-2024	5:30-8:30	Dr. Clark Public School	<u>Open Gym</u>
Team Practice	4-24-2024	7:30-9:30	St. Kateri Catholic School	Team Practice 4
Team Practice	4-27-2024	6:00-7:30	St. Kateri Catholic School	Team Practice 5
Team Practice	4-28-2024	5:00-7:00	St. Kateri Catholic School	Team Practice 6
Team Practice	4-29-2024	7:00-9:00	Dr. Clark Public School	Team Practice 7
Team Practice	5-1-2024	7:30-9:30	St. Kateri Catholic School	Team Practice 8
Team Practice	5-4-2024	2:00-4:00	St. Kateri Catholic School	Team Practice 9

Team Practice	5-6-2024	7:00-8:30	Dr. Clark Public School	Team Practice 10
Good Hoops Spring	5-10-2024 – 5-12- 2024	Team schedules will	Edmonton, Alberta	
Tournament	2024	be released once we receive them from		
		the host		
Team Practice	5-14-2024	8:00-9:30	St. Kateri Catholic School	Team Practice 11
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Team Practice	5-15-2024	4:30-6:30	St. Kateri Catholic School	Team Practice 12
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Team Practice	5-17-2024 – 5-19- 2024	Team schedules will be released once we	Calgary, Alberta	
		receive them from the host		
Team Practice	5-25-2024	2:00-4:00	St. Kateri Catholic	Team Practice 13
ream ractice	5-25-2024	2.00-1.00	School	
Team Practice	5-26-2024	3:30-5:00	St. Kateri Catholic	Team Practice 14
			School	
Team Practice	5-29-2024	7:30-9:30	St. Kateri Catholic	Team Practice 15
			School	
WEBA Spring	5-31-2024 - 6-2-	Team schedules will	Edmonton, Alberta	
Tournament	2024	be released once we receive them from		
		the host		
Team Practice	6-5-2024	7:30-9:30	Edmonton, Alberta	Team Practice 16
Team Shootaround	6-7-2024	7:00-8:30 am	St. Kateri Catholic School	Team Practice 17

Good Hoops Summer Classic	6-7-2024 – 6-9- 2024	Team schedules will be released once we receive them from the host		
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