





Program Roster

| # | First Name | Last Name | Birthdate (MM/DD/YYYY) | Age |
|-----|------------------|-----------|------------------------|-----|
| 1. | Shahfraz | Awan | 7/28/2010 | 13 |
| 2. | Cruze | Flett | 9/1/2010 | 13 |
| 3. | Moses | Mugisha | 4/7/2010 | 13 |
| 4. | Kanishk | Patel | 4/20/2010 | 13 |
| 5. | Rushi | Patel | 3/31/2010 | 14 |
| 6. | Kaesen | Eyford | 10/28/2010 | 13 |
| 7. | Vito | Rodrigues | 9/4/2010 | 13 |
| 8. | Michael | Adebambo | 1/17/2010 | 14 |
| 9. | Muhammad Saim | Bashir | 5/29/2010 | 13 |
| 10. | Nathan | Chinguwo | 2/3/2011 | 13 |
| 11. | Michee | Mweze | 5/13/2011 | 12 |

Spring 2024 Events

Skill Development Sessions Spring Elite Training Camp Team Practices

Spring 2024 Tournaments

Good Hoops Spring Classic (In Edmonton, May 10th-12th) Genesis Classic (Calgary, May 17th-19th) WEBA Summer Invitational (In Edmonton, May 31st – June 2nd) Great Canadian Shootout (In Edmonton, June 27-29th)

Program Structure

The elite season is divided into 3 seasons (Fall, Winter, and Spring). Each season provides athletes with a different aspect of preparing for competitions.

Training Camp

Training camp is a preparation period in which athletes will participate in a rigorous training regime to prepare them for a competition. During this period your athlete may experience soreness in-between practices. It is essential that during training camp weekend athletes hydrate, sleep well, and take care of themselves outside of team events. We run our training camp 2 times each elite season. The rigorous training camp environment is not our normal program training environment.

<u>Environment</u>

The goal for our coaches is to create a fun, safe, and competitive environment where athletes not only strive to become better versions of themselves but push their teammates to do the same.

Attendance

Attendance is crucial for development; it is also a central component in how we decide which athletes make travelling rosters. Our goal is to provide the best basketball experience we can for your athlete, and we need them to be present as much as possible to maximize the experience.

Practice Uniform

Athletes must wear athletic wear (shorts or pants), indoor basketball shoes, and a water bottle. Please make sure your child brings a water bottle to all team events.

Travel Competitions

Athletes that are part of this program will compete in tournaments in Edmonton. Unfortunately, we can only take 12-player rosters to these tournaments. The Spring competition rosters will be decided after Spring Training Camp. An email with the rosters and travel details will be sent the following afternoon.

Travel Accommodations

We provide travel and stay accommodations for athletes on tournament weekends. The accommodations cover travel there and back and a shared room with other NTB teammates. The costs will range between \$195-\$210 per weekend for 2 nights.

Spring 2024 Registration Payment Deadline

Your athlete's Spring 2024 registration fee (\$294.00) must be paid by April 15th. Please get in touch with grace@northerntrailblazers.com if you have any questions or concerns.

| Event Title | Date | Time | Location | Event Details |
|-------------------------------|-----------|-----------|-------------------------------|---|
| Spring Training Camp Day 1 | 3-23-2024 | 2:00-4:00 | St. Kateri Catholic School | Training Camp Practice 1 |
| Spring Training Camp Day 2 | 3-24-2024 | 3:00-5:00 | St. Kateri Catholic School | Training Camp Practice 2 |
| Spring Training Camp Day 3 | 3-29-2024 | 6:30-8:30 | St. Kateri Catholic School | Training Camp Practice 3 |
| Spring Training Camp Day 4 | 3-30-2024 | 2:00-4:00 | St. Kateri Catholic School | Training Camp Practice 4 |
| Team Page Update | 4-4-2024 | | | Roster Announcement Spring Traveling Roster announced. |
| Team Practice | 4-6-2024 | 5:30-7:00 | St. Kateri Catholic School | Team Practice 1 |

| Team Practice | 4-7-2024 | 4:00-5:30 | St. Kateri Catholic School | Team Practice 2 |
|---------------------------------|---------------------------|---|-------------------------------|------------------|
| Team Practice | 4-9-2024 | 6:30-8:30 | St. Kateri Catholic School | Team Practice 3 |
| Team Practice | 4-23-2024 | 7:00-8:30 | St. Kateri Catholic School | Team Practice 4 |
| Team Practice | 4-27-2024 | 4:30-6:00 | St. Kateri Catholic School | Team Practice 5 |
| Team Practice | 4-28-2024 | 3:00-5:00 | St. Kateri Catholic School | Team Practice 6 |
| Team Practice | 4-29-2024 | 5:30-7:00 | Dr. Clark Public School | Team Practice 7 |
| Team Practice | 5-3-2024 | 7:30-9:00 | St. Kateri Catholic School | Team Practice 8 |
| Team Practice | 5-6-2024 | 5:30-7:00 | Dr. Clark Public School | Team Practice 9 |
| Good Hoops Spring Tournament | 5-10-2024 – 5-12- 2024 | Team schedules will be released once we receive them from the host | Edmonton, Alberta | |
| Team Practice | 5-14-2024 | 6:30-8:00 | St. Kateri Catholic School | Team Practice 11 |
| Team Practice | 5-16-2024 | 6:30-8:30 | St. Kateri Catholic School | Team Practice 12 |

| Team Practice | 5-17-2024 – 5-19- 2024 | Team schedules will be released once we receive them from the host | Calgary, Alberta | |
|----------------------------|---------------------------|---|-------------------------------|------------------|
| Team Practice | 5-24-2024 | 6:30-8:30 | St. Kateri Catholic School | Team Practice 13 |
| Team Practice | 5-26-2024 | 2:00-3:30 | St. Kateri Catholic School | Team Practice 14 |
| WEBA Spring Tournament | 5-31-2024 – 6-2- 2024 | Team schedules will be released once we receive them from the host | Edmonton, Alberta | |
| Team Practice | 6-22-2024 | 4:00-6:00 | St. Kateri Catholic School | Team Practice 15 |
| Team Practice | 6-24-2024 | 6:00-8:00 | St. Kateri Catholic School | Team Practice 16 |
| Team Practice | 6-25-2024 | 7:30-9:00 | St. Kateri Catholic School | Team Practice 17 |
| Team Practice | 6-26-2024 | 7:30-9:00 | St. Kateri Catholic School | Team Practice 18 |
| Great Canadian Shootout | 6-27-2024 | Team schedules will be released once we receive them from the host | Edmonton, Alberta | |