



Spring 2024 NTB Elite Playbook



Table of Contents

1.	How to read a playbook	3
1.1	How to read a Playbook	3
2.	Press Breaks	4
2.1	(Man press break)	4
2.2	(Zone press break)	5
3.	Defensive Schemes	6
3.1	RED	6
3.2	Blue Defense	7
3.3	Green	8
3.4	TEXAS	9
3.5	Boxes and Elbows	10
4.	Offensive Plays	11
4.1	5-out-Attack	11
4.2	Flow (Roll & Replace)	12
4.3	Flex	13



Spring 2024 NTB Elite Playbook - Contents (cont.)

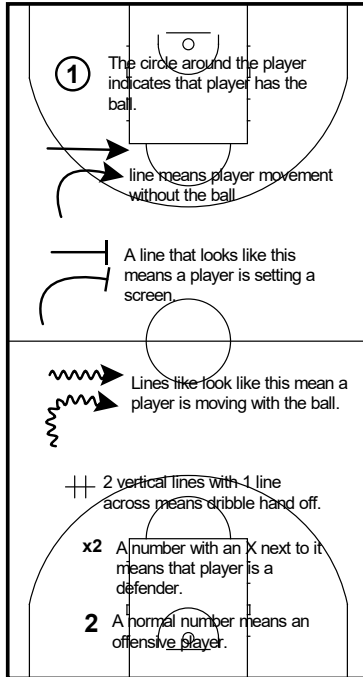
4.4	ISOs	14
4.5	Zone O (13)	15
4.6	Zone O (14)	16
4.7	Zone O (15)	17
4.8	Overload	18
4.9	5Out (against zones)	19
5.	Offensive Inbound Plays	20
5.1	Zone-1	20
5.2	Baseline One	21
5.3	Baseline Two	22
5.4	Baseline Three	23
5.5	Baseline Four	24
5.6	Sideline Attack	25
5.7	Sideline Punch	26



How to read a playbook

Spring 2024 NTB Elite Playbook

How to read a Playbook Man Offense

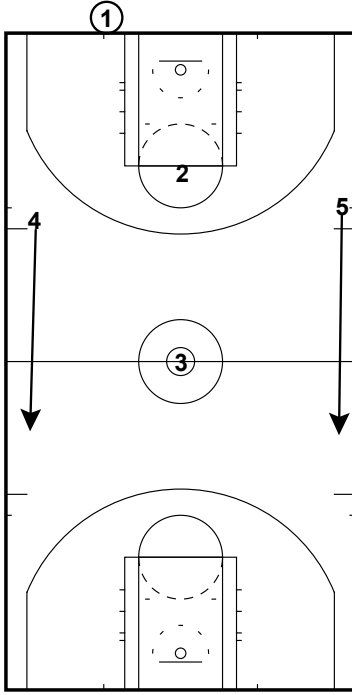




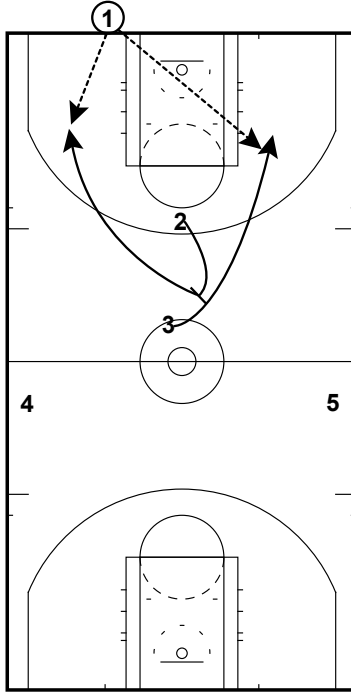
Press Breaks

Spring 2024 NTB Elite Playbook

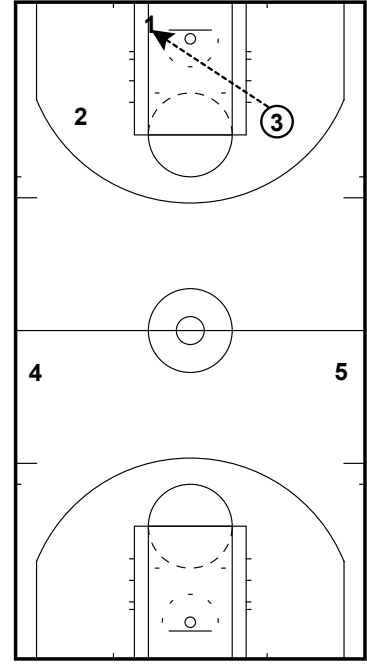
(Man press break)
Man Offense



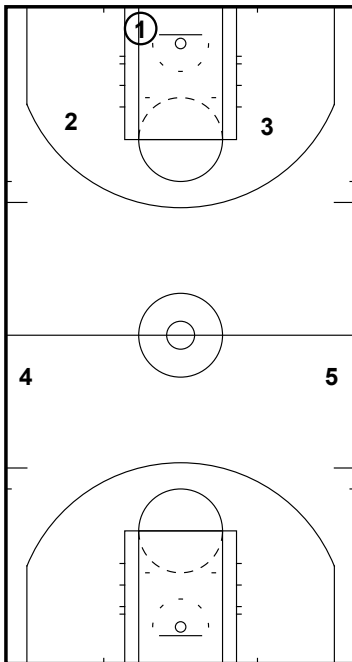
(Man press break)
Man Offense



(Man press break)
Man Offense



(Man press break)
Man Offense

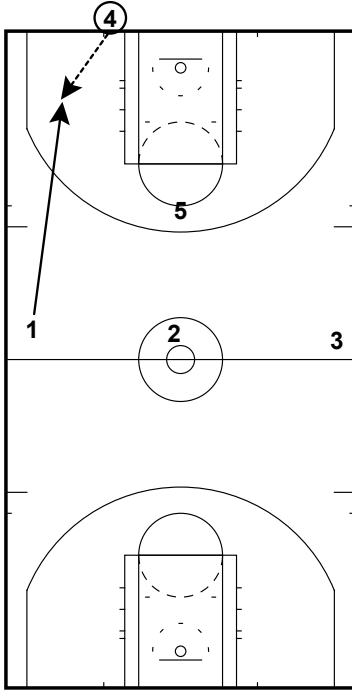




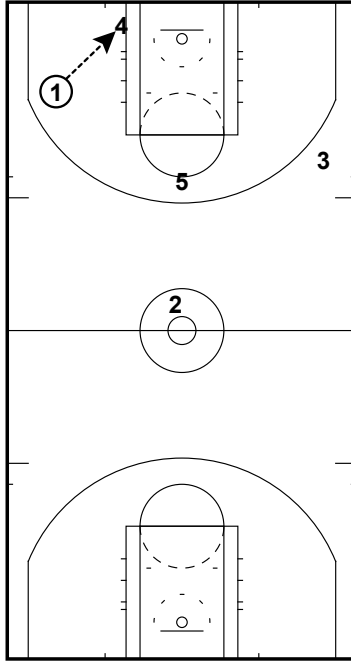
Press Breaks

Spring 2024 NTB Elite Playbook

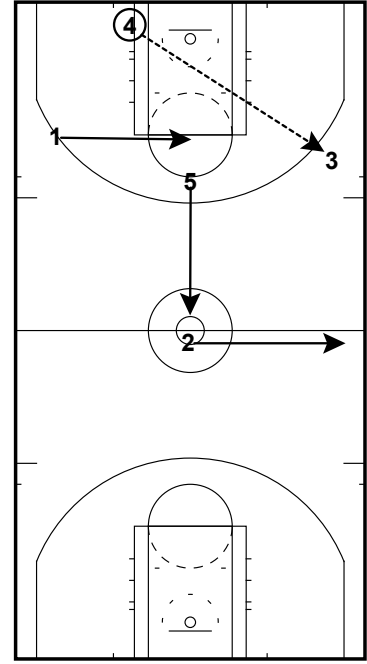
(Zone press break)
Man Offense



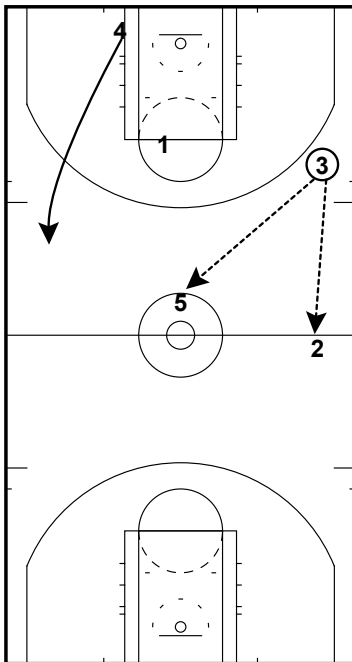
(Zone press break)
Man Offense



(Zone press break)
Man Offense



(Zone press break)
Man Offense

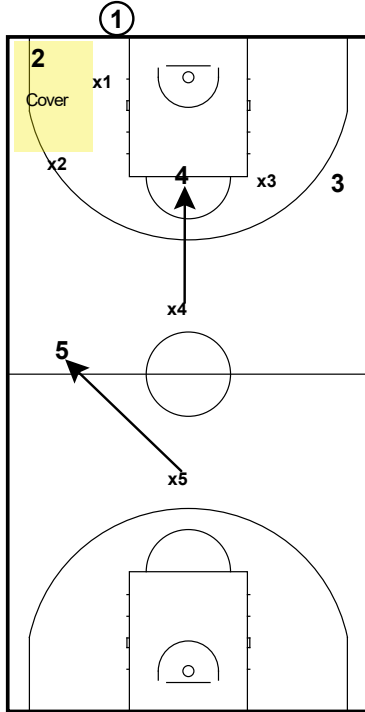




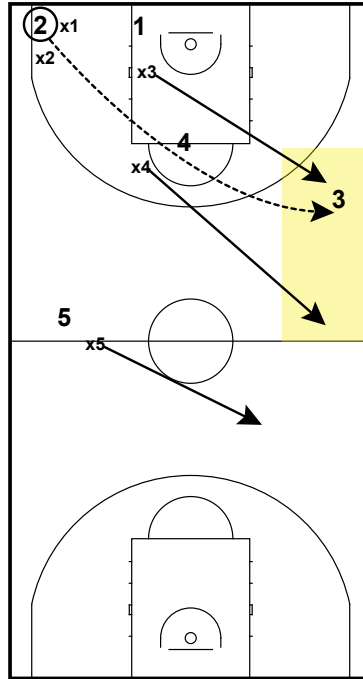
Defensive Schemes

Spring 2024 NTB Elite Playbook

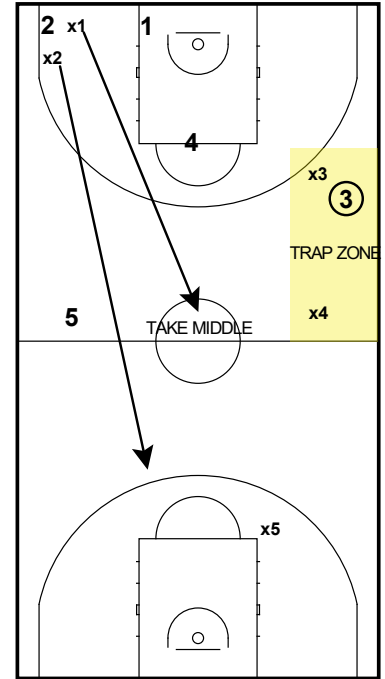
RED
Defense



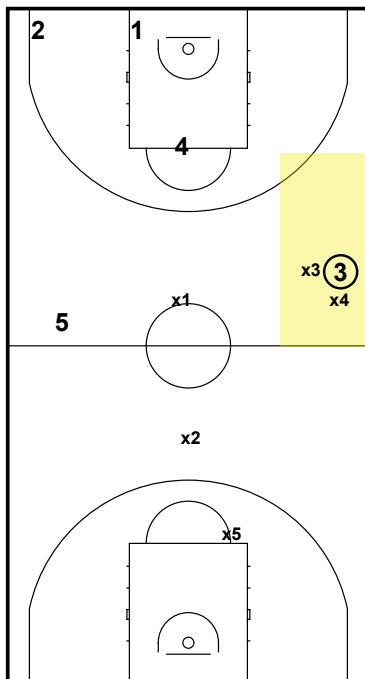
RED
Defense



RED
Defense



RED
Defense



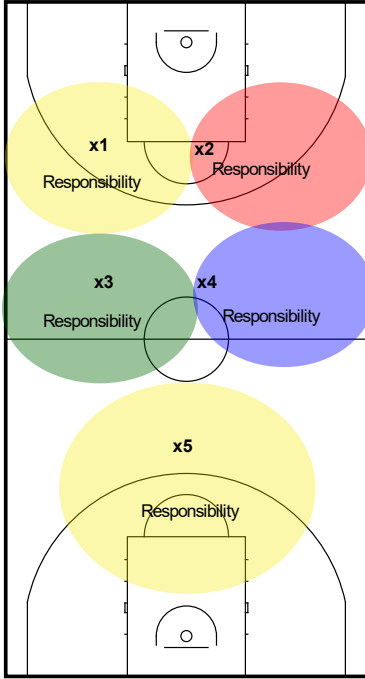


Defensive Schemes

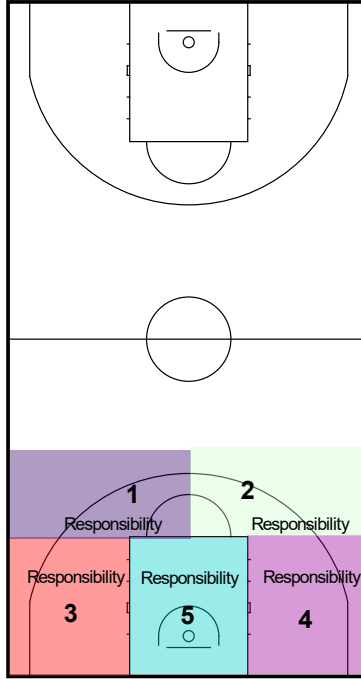
Spring 2024 NTB Elite Playbook

Blue Defense
Defense

①



Blue Defense
Defense

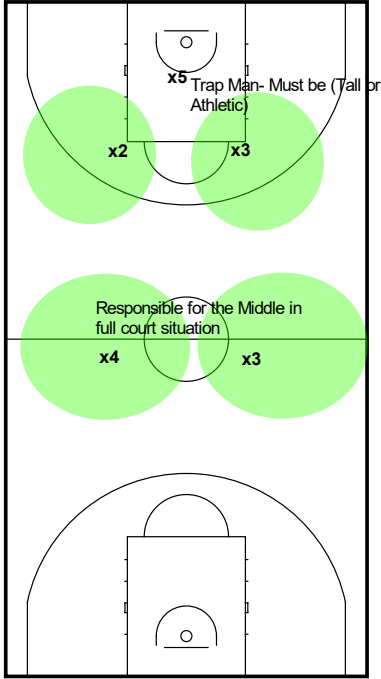




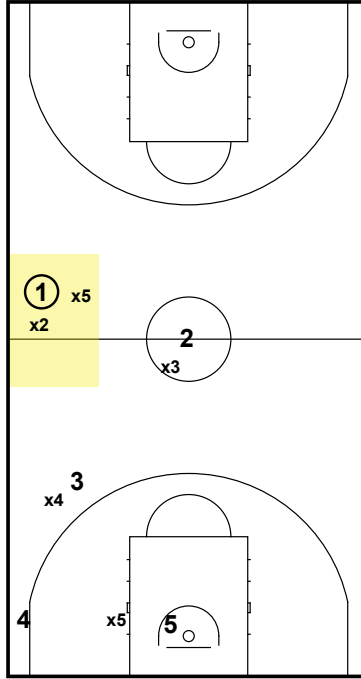
Defensive Schemes

Spring 2024 NTB Elite Playbook

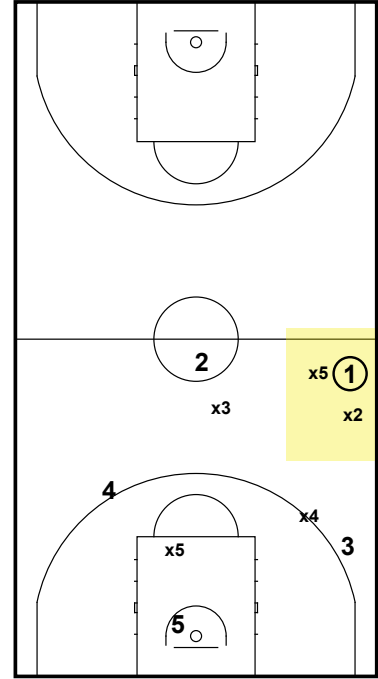
Green
Defense



Green
Defense



Green
Defense

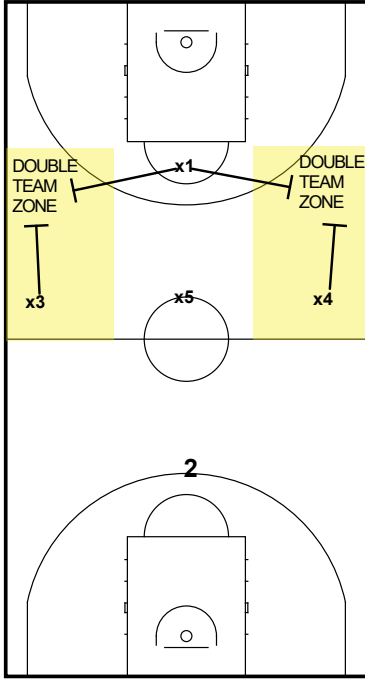




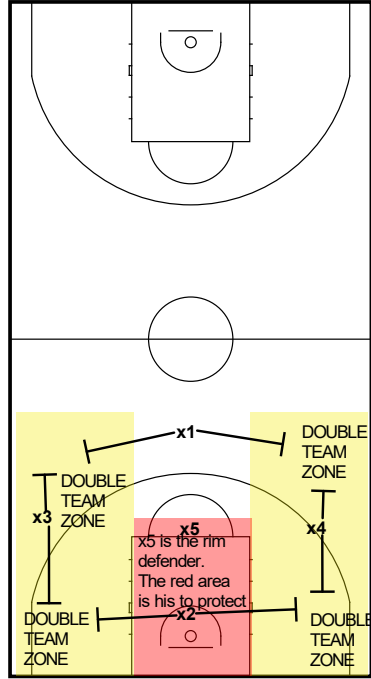
Defensive Schemes

Spring 2024 NTB Elite Playbook

TEXAS
Defense



TEXAS
Defense

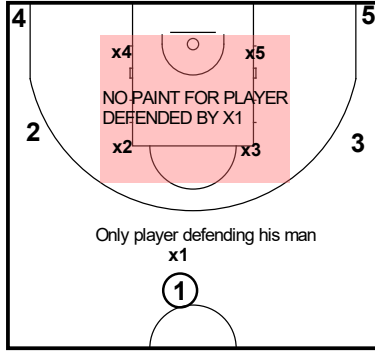




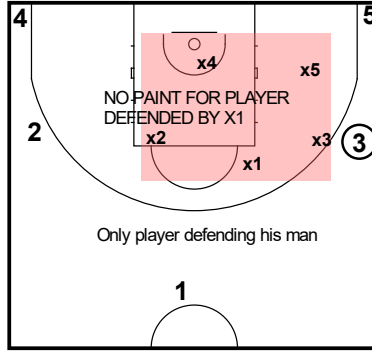
Defensive Schemes

Spring 2024 NTB Elite Playbook

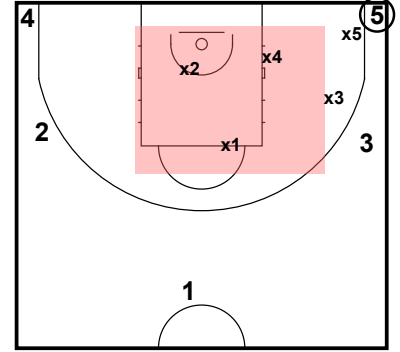
Boxes and Elbows
Defense



Boxes and Elbows
Defense



Boxes and Elbows
Defense

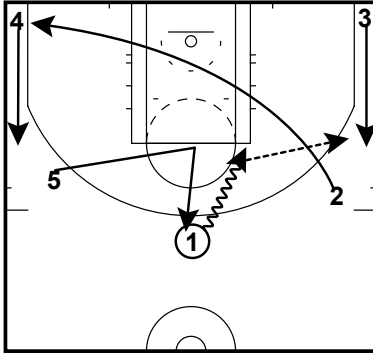




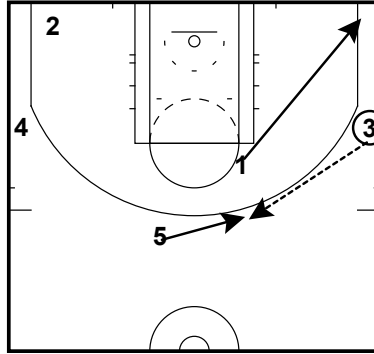
Offensive Plays

Spring 2024 NTB Elite Playbook

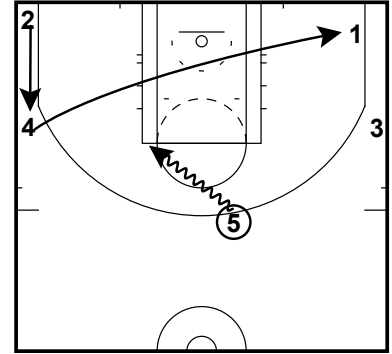
5-out-Attack
Man Offense



5-out-Attack
Man Offense



5-out-Attack
Man Offense

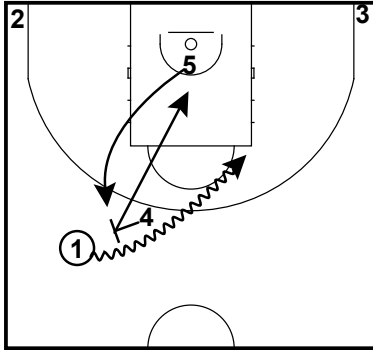




Offensive Plays

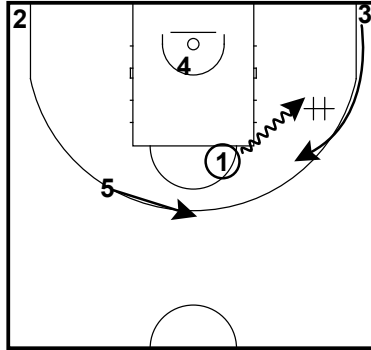
Spring 2024 NTB Elite Playbook

Heat Action
Man Offense



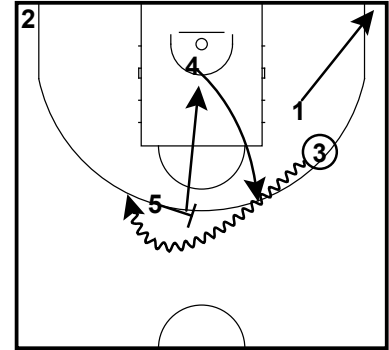
- Actions Involved**
- 1. Mid-High ball screen & roll & replace
 - 1 & 4 Mid-high ball screen
 - 4 & 5 Roll & Replace

DHO
Man Offense



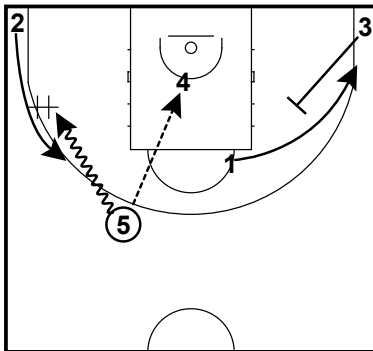
- Action Involved: Dribble Hand Off (DHO)**
- 1. Side 1 & 3 DHO
 - If we can't get an advantage from our roll & replace action 1 will dribble at 3's defender and get into a 2 man DHO action looking to create an advantage.

Reset
Man Offense



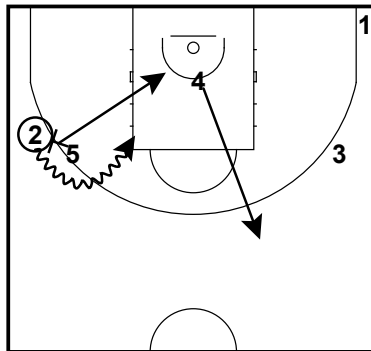
- Action Involved: High Ball Screen**
- 1. Reset High Ball Screen
 - 3 will look for a quick advantage off of the DHO if he doesn't have one he will maintain his momentum and engage in a high ball screen with 5.

Side 2-Man
Man Offense



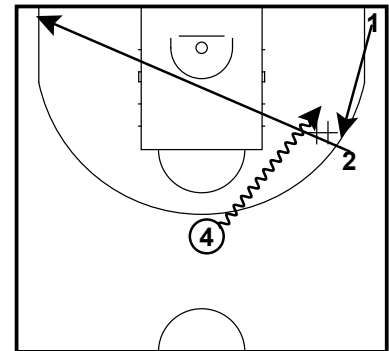
- Actions Involved: High Low, Thumbs, 2-man on ball**
- 1. What happens if the replace man gets the ball?
 - 5 & 4 High Low
 - 1 & 3 thumbs actions (down screen or up screen)
 - 5 & 2 on ball 2 man action

2-Man Screen Action
Man Offense



- Actions Involved: 2-man on ball actions (DHO-ball screen)**
- 1. What happens if we take the 2-man action?
 - If 5 chooses to take the 2 man action we automatically get into Motion.

3-Man cut action
Man Offense



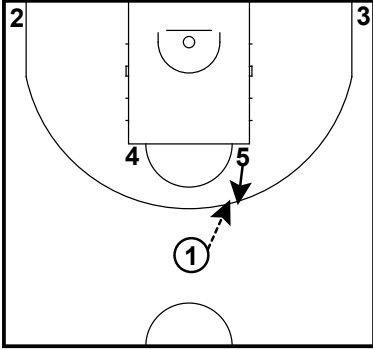
MOTION SEQUENCE



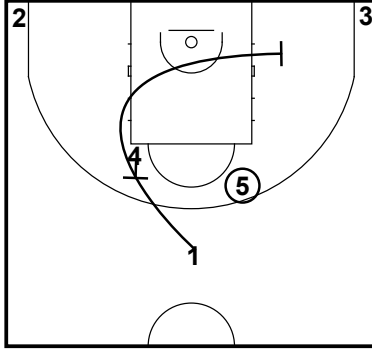
Offensive Plays

Spring 2024 NTB Elite Playbook

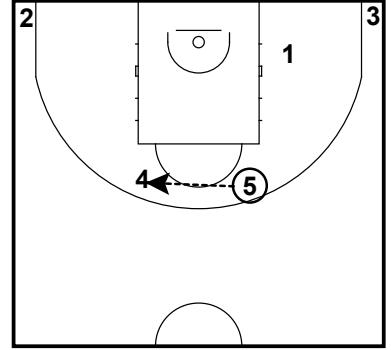
Flex
Man Offense



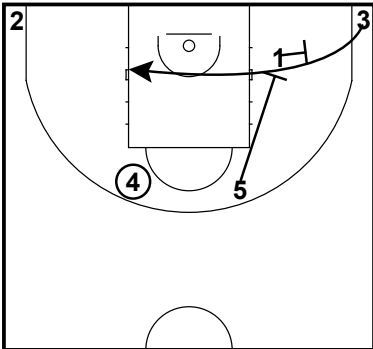
Flex
Man Offense



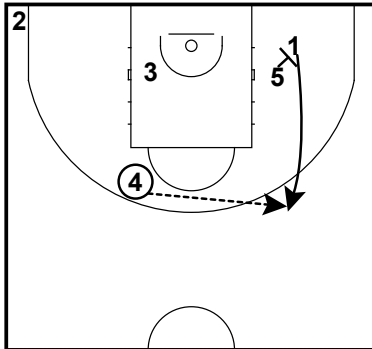
Flex
Man Offense



Flex
Man Offense



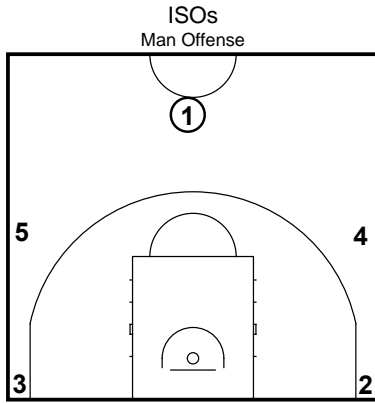
Flex
Man Offense



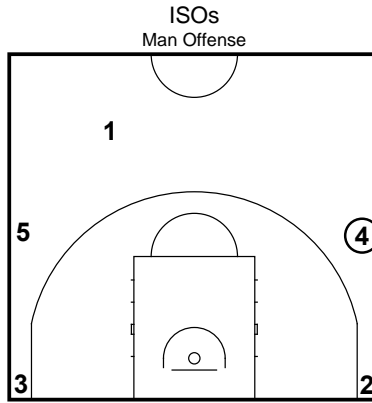


Offensive Plays

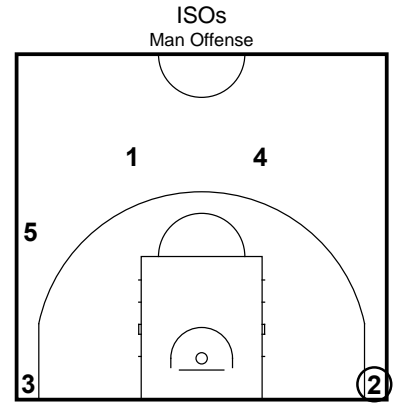
Spring 2024 NTB Elite Playbook



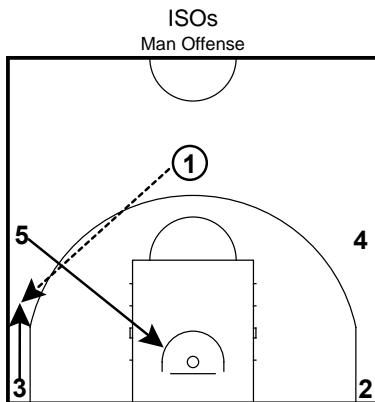
Top ISO is an isolation play from the top. The player with the ball should get a running start at defender.



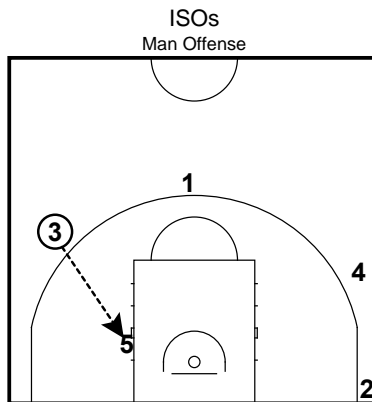
Side-ISO is an isolation play from the 45 degree angle.



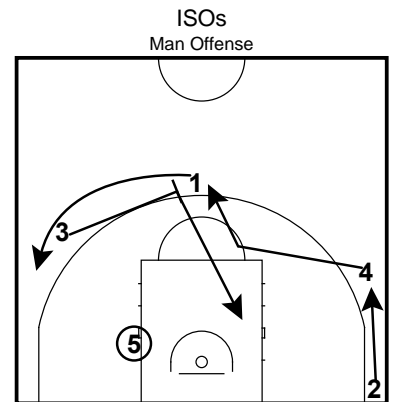
Corner-ISO is a isolation play from the Corner.



Punch is a post isolation play on the right or left block.



Punch Continued



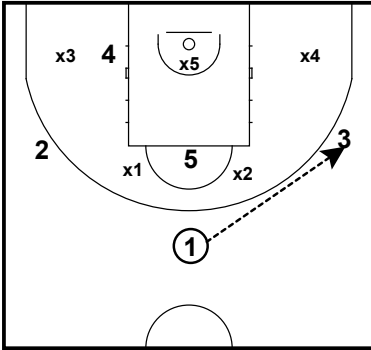
Punch Continued



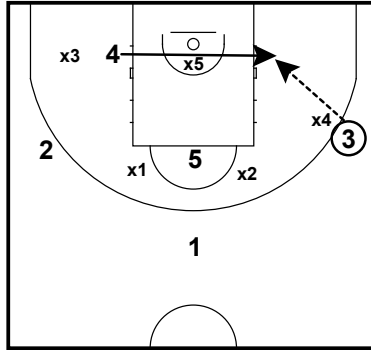
Offensive Plays

Spring 2024 NTB Elite Playbook

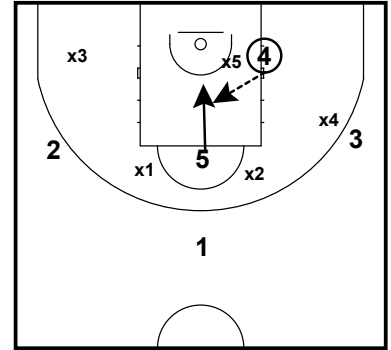
Zone O (13)
Man Offense



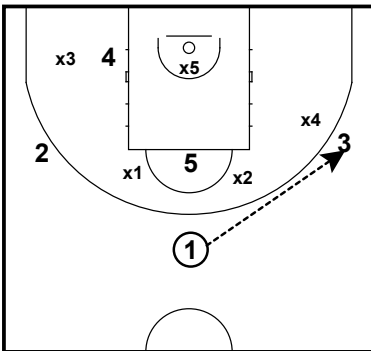
Zone O (13)
Man Offense



Zone O (13)
Man Offense



Zone O (13)
Man Offense

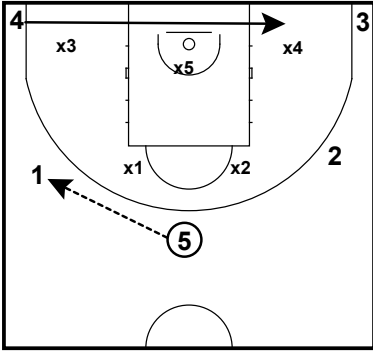




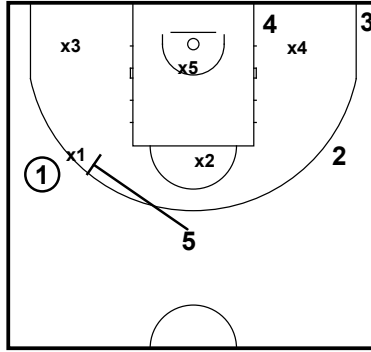
Offensive Plays

Spring 2024 NTB Elite Playbook

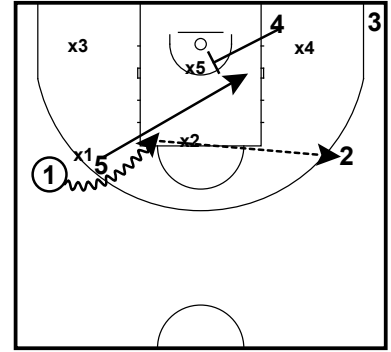
Zone O (14)
Man Offense



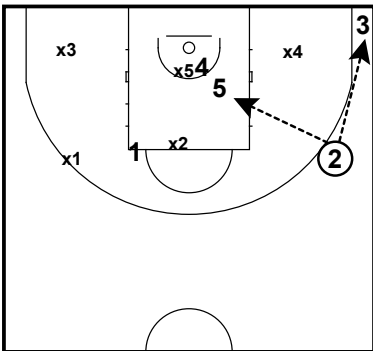
Zone O (14)
Man Offense



Zone O (14)
Man Offense



Zone O (14)
Man Offense

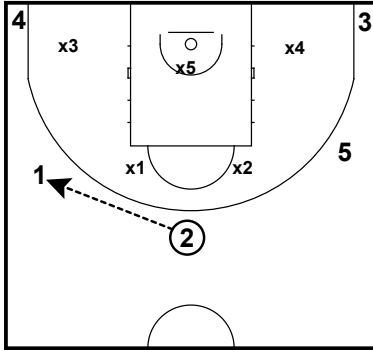




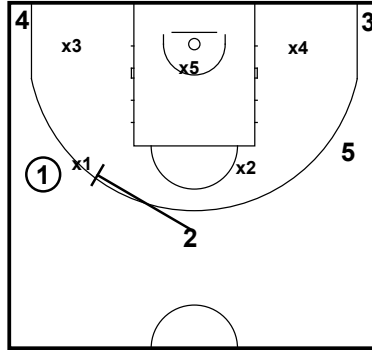
Offensive Plays

Spring 2024 NTB Elite Playbook

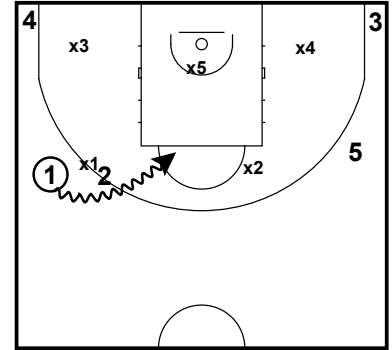
Zone O (15)
Man Offense



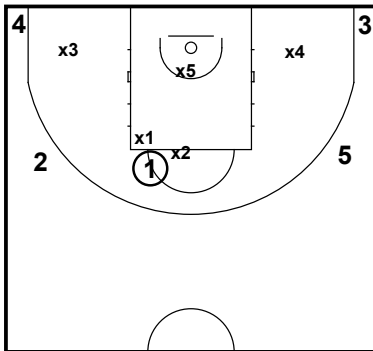
Zone O (15)
Man Offense



Zone O (15)
Man Offense



Zone O (15)
Man Offense

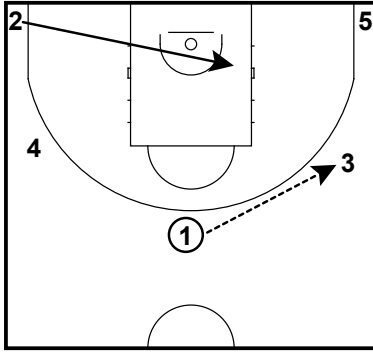




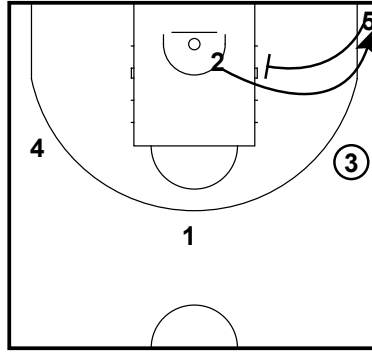
Offensive Plays

Spring 2024 NTB Elite Playbook

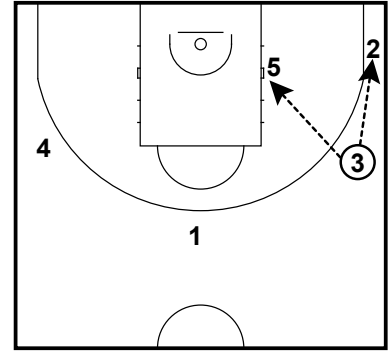
Overload
Man Offense



Overload
Man Offense



Overload
Man Offense

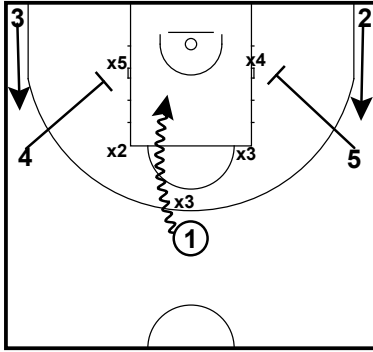




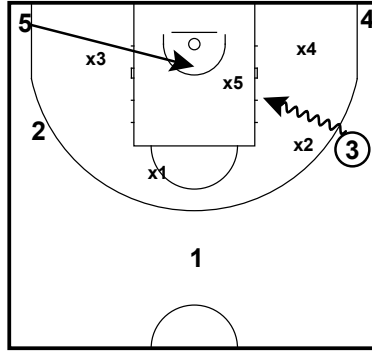
Offensive Plays

Spring 2024 NTB Elite Playbook

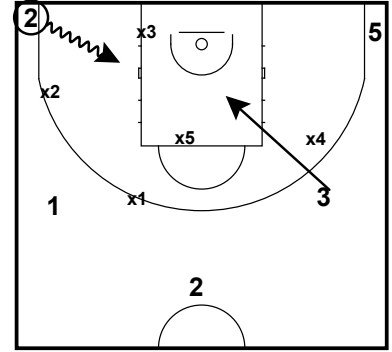
Against 32
Man Offense



5OUT against 2-3
Man Offense



5Out (against zones)
Man Offense

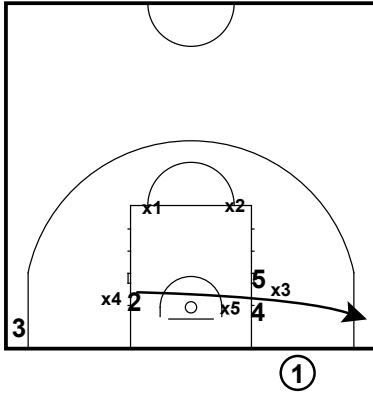




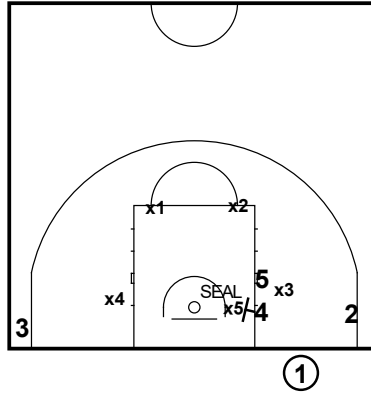
Offensive Inbound Plays

Spring 2024 NTB Elite Playbook

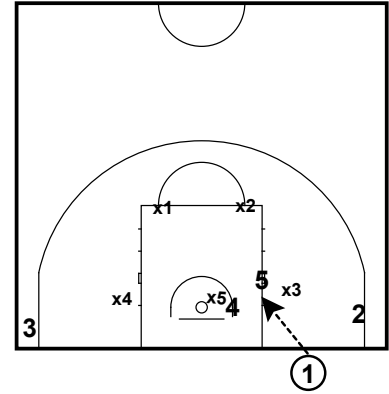
Zone-1
Man Offense



Zone-1
Man Offense



Zone-1
Man Offense

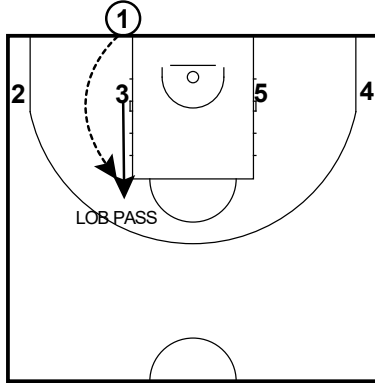




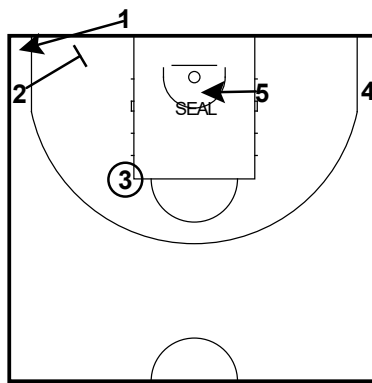
Offensive Inbound Plays

Spring 2024 NTB Elite Playbook

Baseline One
Man Offense



Baseline One
Man Offense

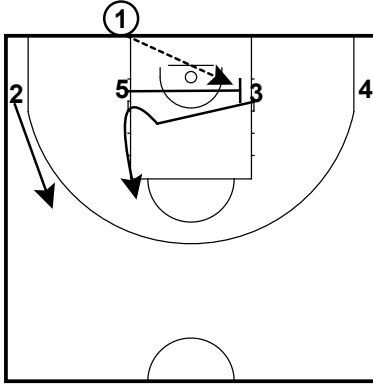




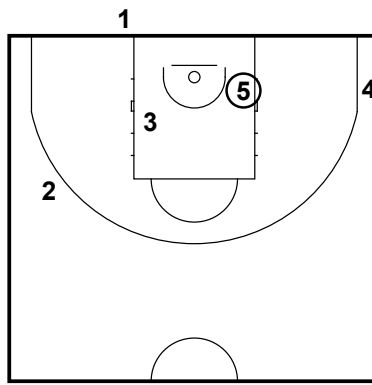
Offensive Inbound Plays

Spring 2024 NTB Elite Playbook

Baseline Two
Man Offense



Baseline Two
Man Offense

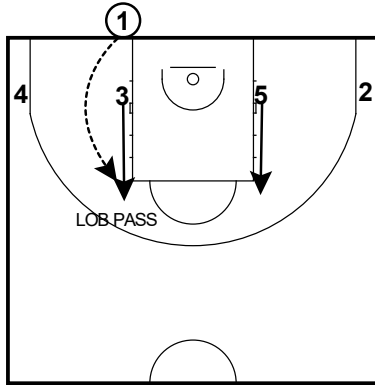




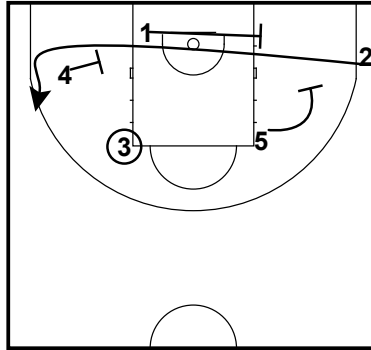
Offensive Inbound Plays

Spring 2024 NTB Elite Playbook

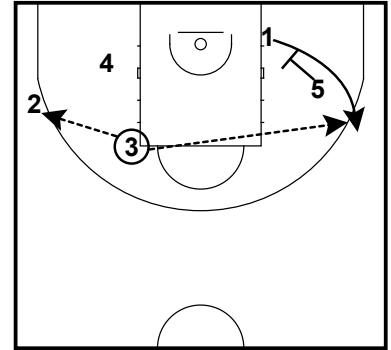
Baseline Three
Man Offense



Baseline Three
Man Offense



Baseline Three
Man Offense

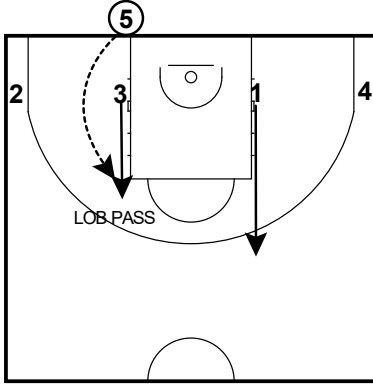




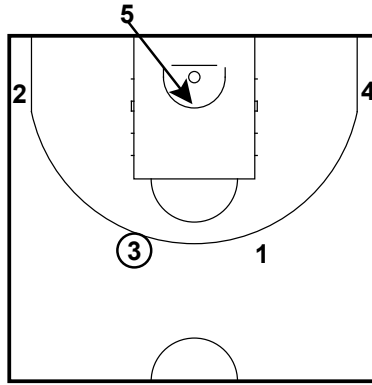
Offensive Inbound Plays

Spring 2024 NTB Elite Playbook

Baseline Four
Man Offense



Baseline Four
Man Offense

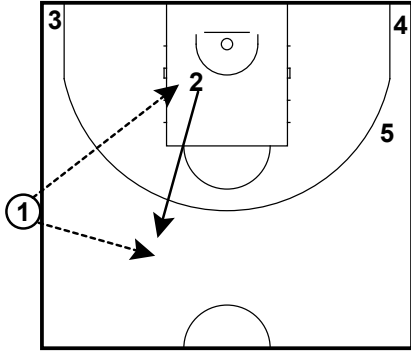




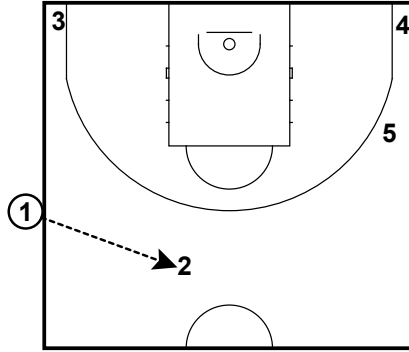
Offensive Inbound Plays

Spring 2024 NTB Elite Playbook

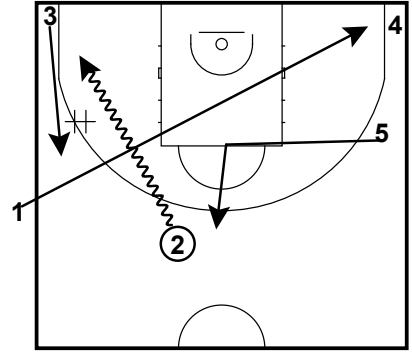
Sideline Attack
Man Offense



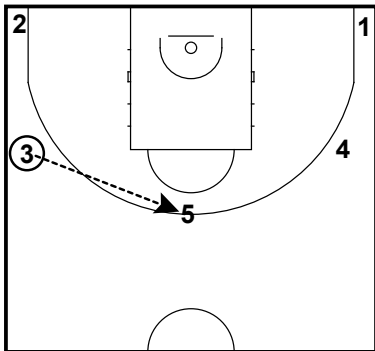
Sideline Attack
Man Offense



Sideline Attack
Man Offense



Sideline Attack
Man Offense

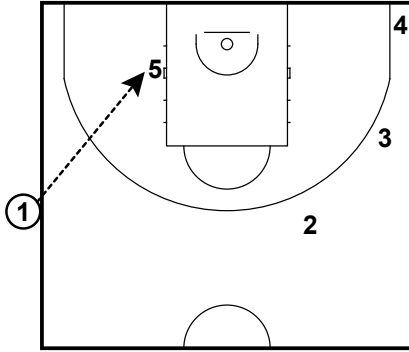




Offensive Inbound Plays

Spring 2024 NTB Elite Playbook

Sideline Punch
Man Offense



Sideline Punch
Man Offense

