



Fall 2023 NTB Elite Playbook



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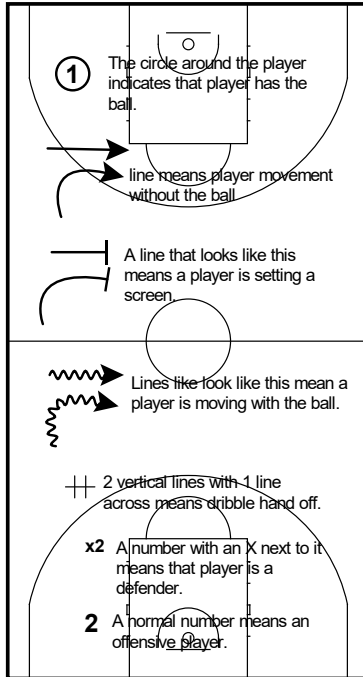
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How to read a playbook

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How to read a Playbook Man Offense

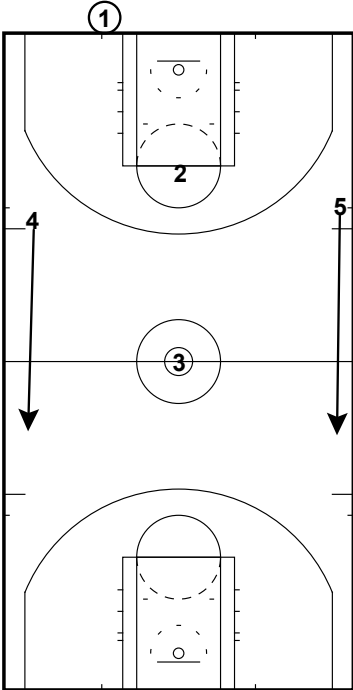




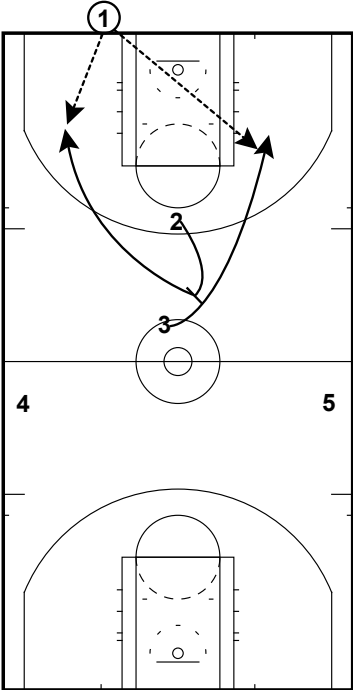
Press Breaks

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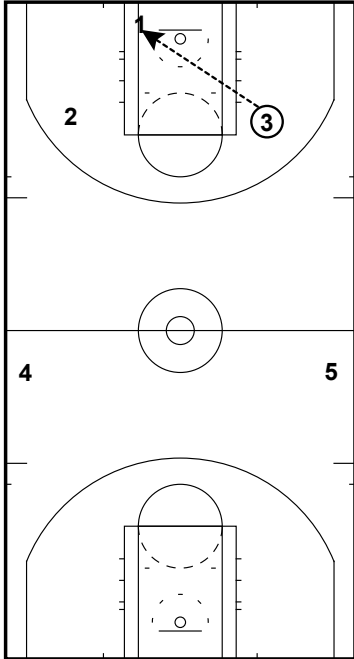
(Man press break)
Man Offense



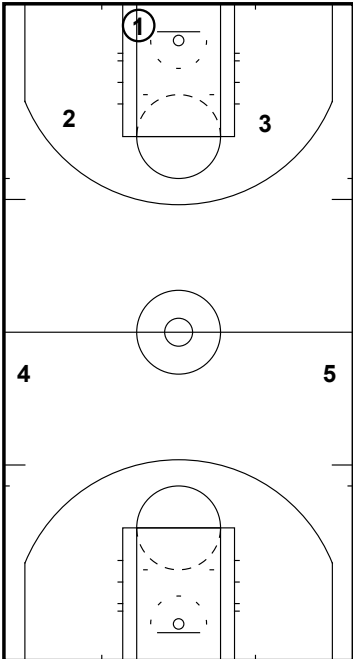
(Man press break)
Man Offense



(Man press break)
Man Offense



(Man press break)
Man Offense

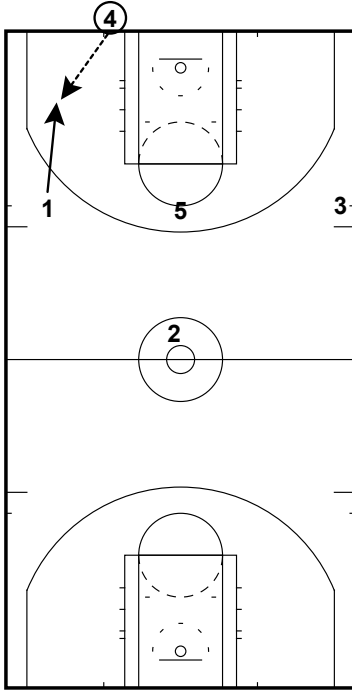




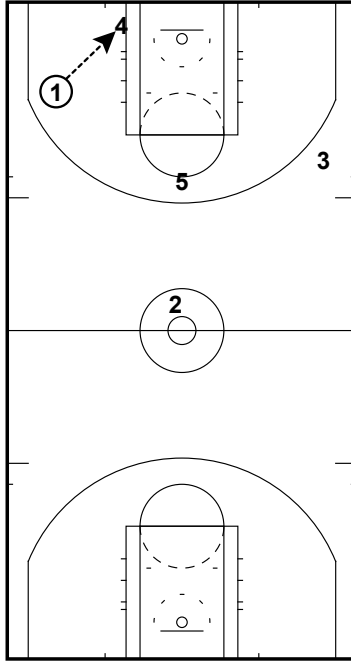
Press Breaks

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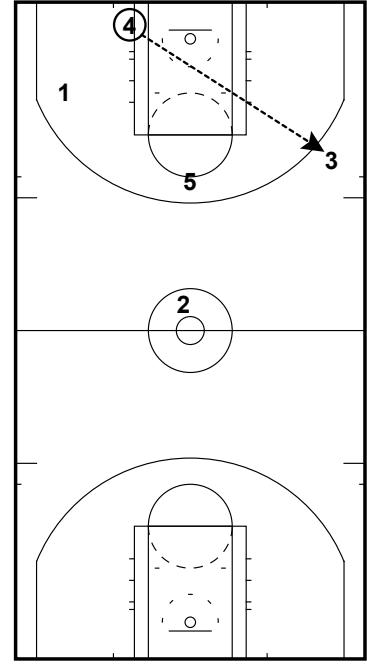
(Zone press break)
Man Offense



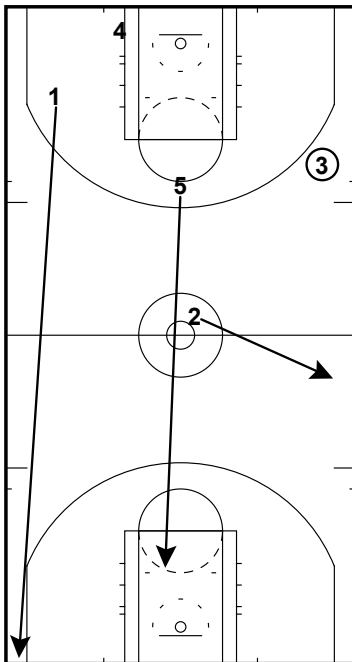
(Zone press break)
Man Offense



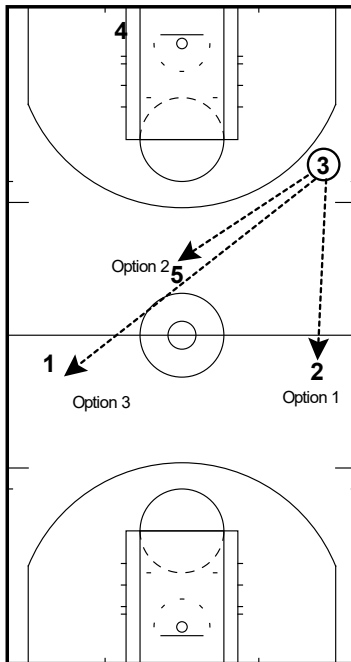
(Zone press break)
Man Offense



(Zone press break)
Man Offense



(Zone press break)
Man Offense

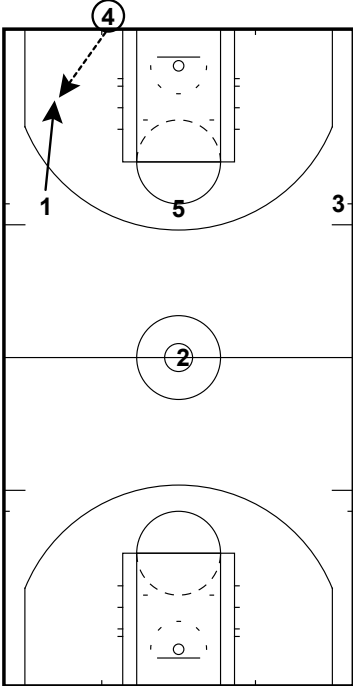




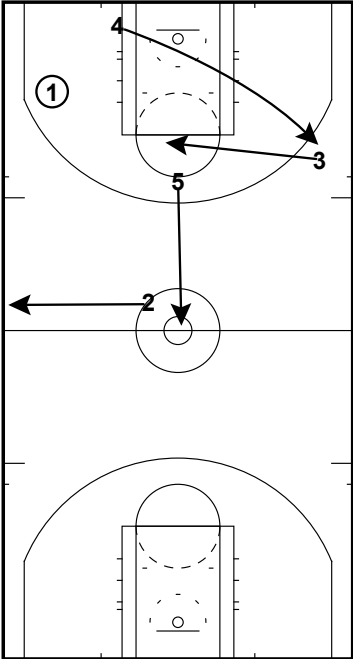
Press Breaks

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(Zone press break) Option 2
Man Offense



(Zone press break) Option 2
Man Offense

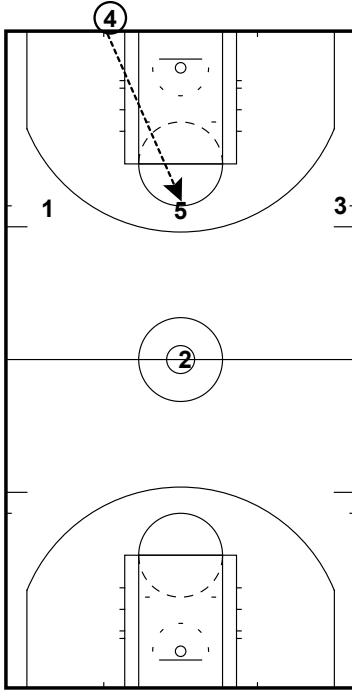




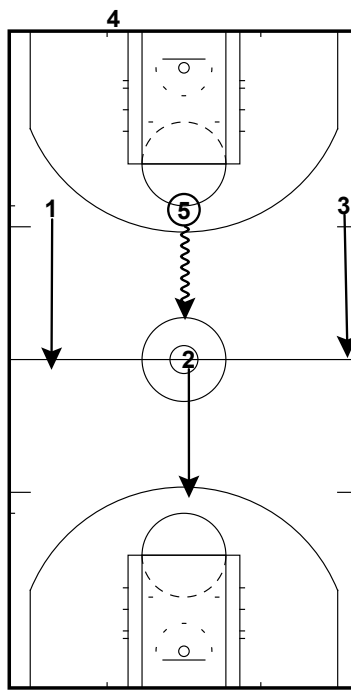
Press Breaks

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(Zone press break) Option 3
Man Offense



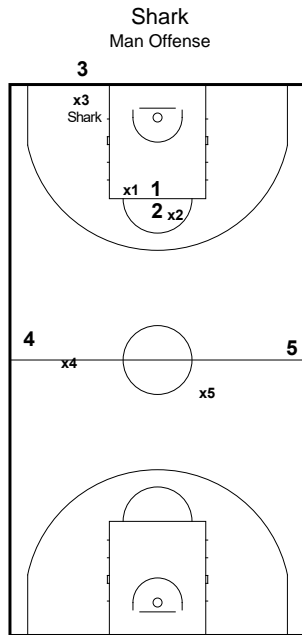
(Zone press break) Option 3
Man Offense





Defensive Schemes

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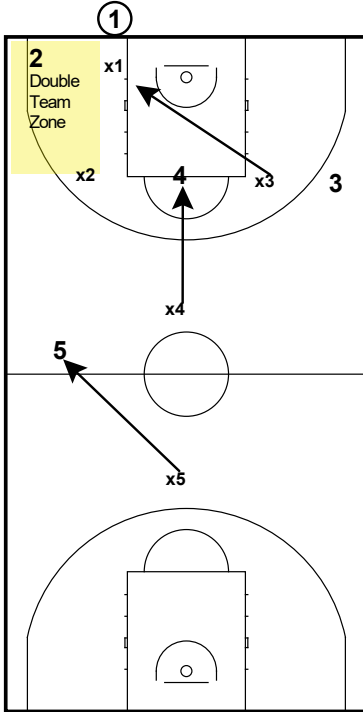
SHARK: The shark can double team when the ball is on the sideline and the player handling the ball can't see them. Shark does not double when the ball is in the middle of the court. Shark must find a man when the ball is in the middle of the floor. The rest of the team must rotate to help the shark find a check.



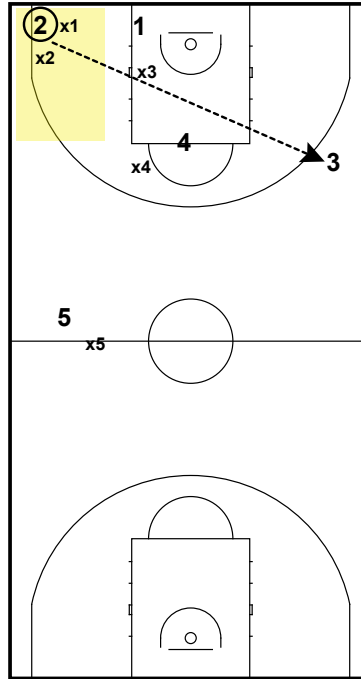
Defensive Schemes

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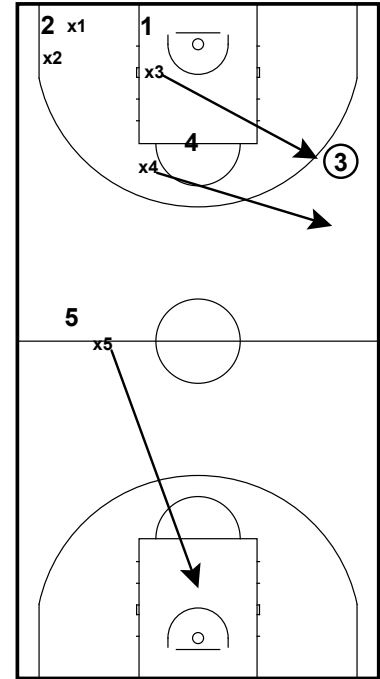
Red Defense (take away reversal)
Defense



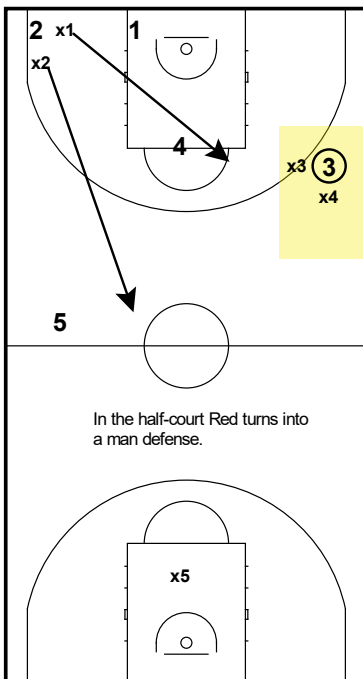
Red Defense (take away reversal)
Defense



Red Defense (take away reversal)
Defense



Red Defense (take away reversal)
Defense

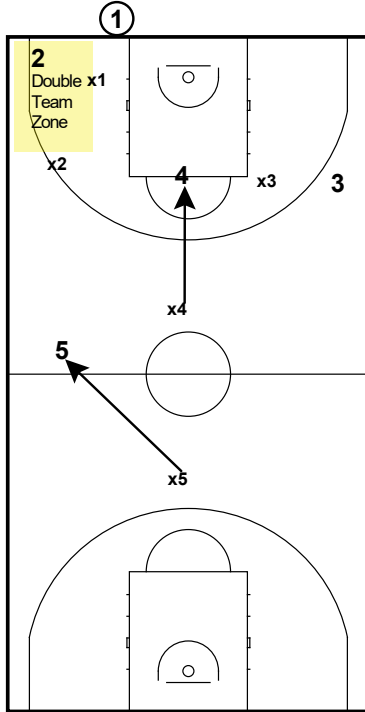




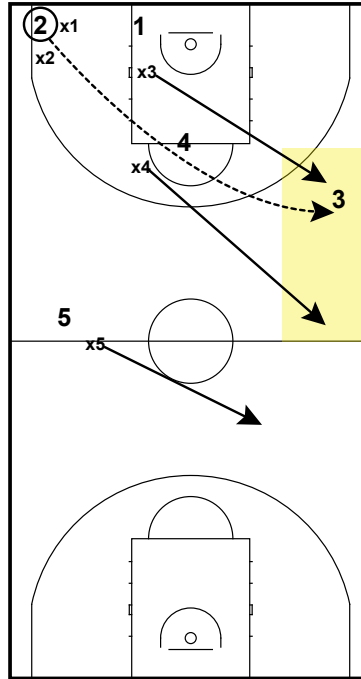
Defensive Schemes

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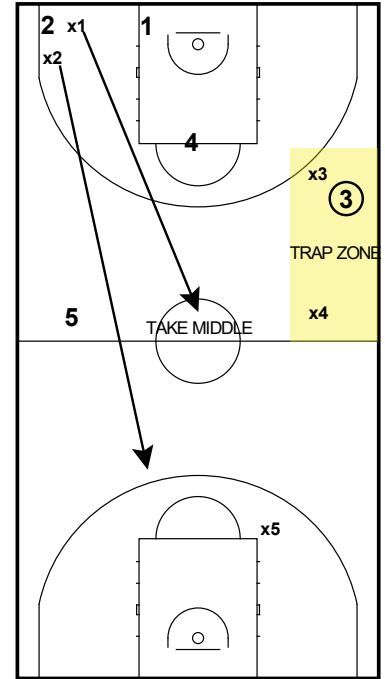
Red Defense (allow reversal)
Defense



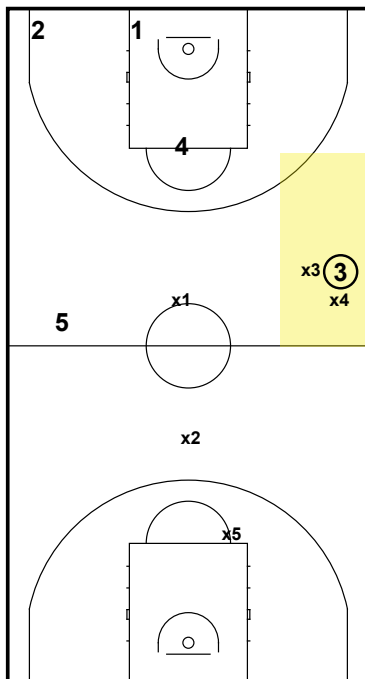
Red Defense (allow reversal)
Defense



Red Defense (allow reversal)
Defense



Red Defense (allow reversal)
Defense



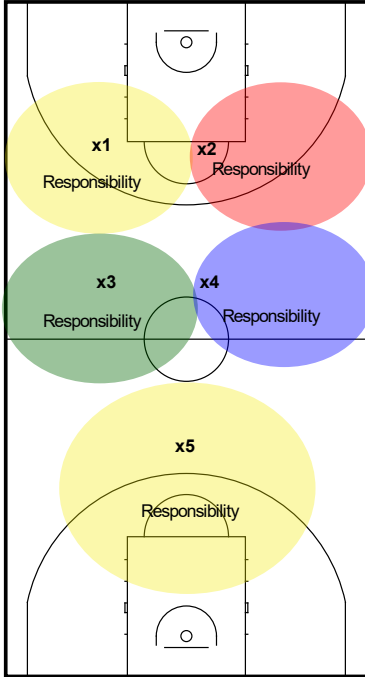


Defensive Schemes

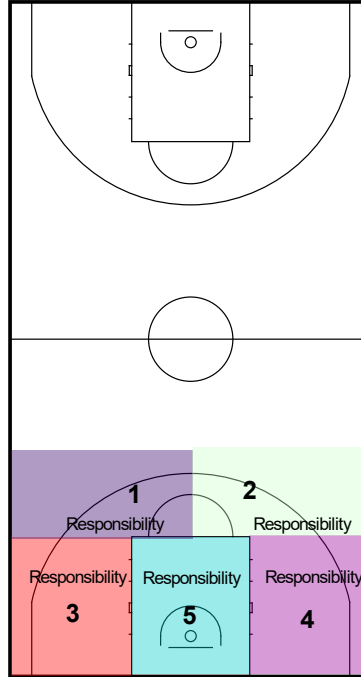
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Blue Defense
Defense

①



Blue Defense
Defense

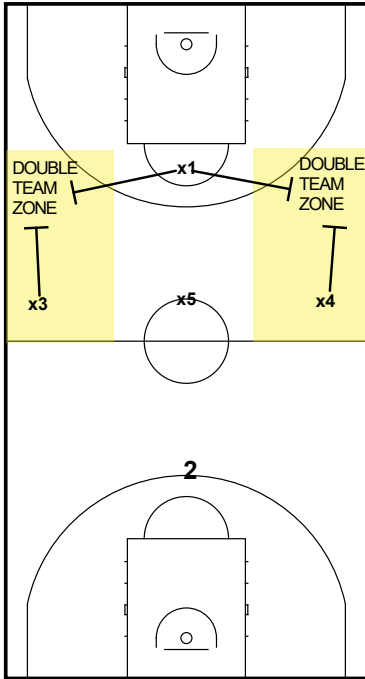




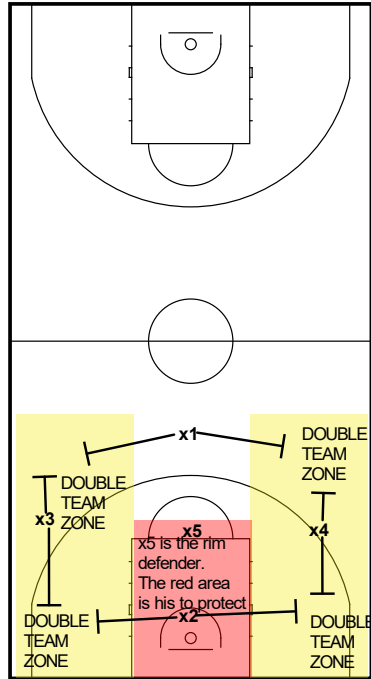
Defensive Schemes

Fall 2023 NTB Elite Playbook

TEXAS
Defense



TEXAS
Defense

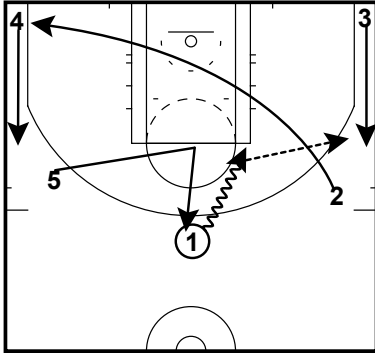




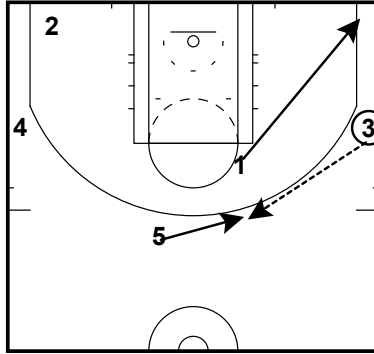
Offensive Plays

Fall 2023 NTB Elite Playbook

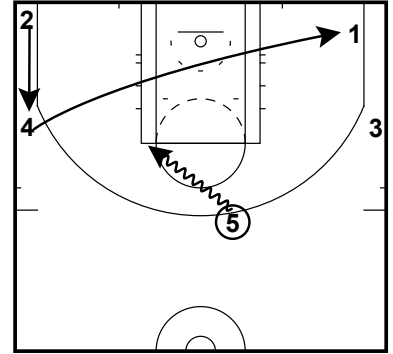
50-Attack
Man Offense



50-Attack
Man Offense



50-Attack
Man Offense

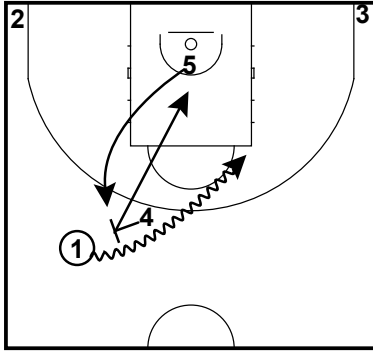




Offensive Plays

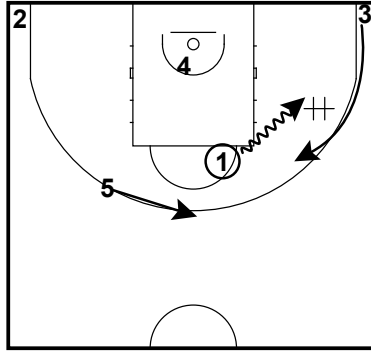
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Heat Action
Man Offense



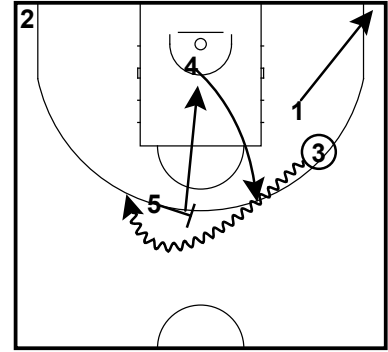
- Actions Involved**
- 1. Mid-High ball screen & roll & replace
 - 1 & 4 Mid-high ball screen
 - 4 & 5 Roll & Replace

DHO
Man Offense



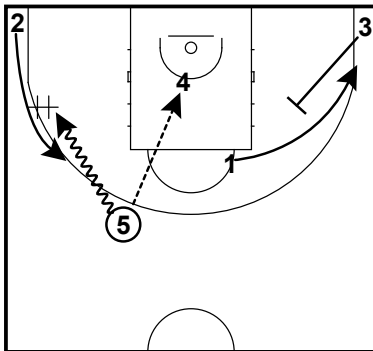
- Action Involved: Dribble Hand Off (DHO)**
- 1. Side 1 & 3 DHO
 - If we can't get an advantage from our roll & replace action 1 will dribble at 3's defender and get into a 2 man DHO action looking to create an advantage.

Reset
Man Offense



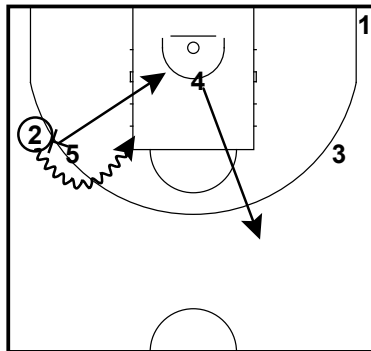
- Action Involved: High Ball Screen**
- 1. Reset High Ball Screen
 - 3 will look for a quick advantage off of the DHO if he doesn't have one he will maintain his momentum and engage in a high ball screen with 5.

Side 2-Man
Man Offense



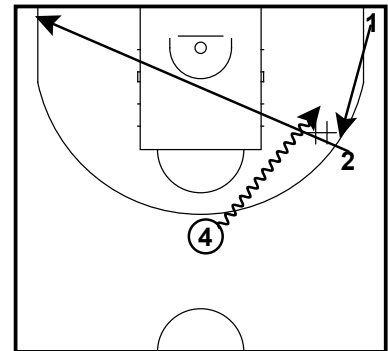
- Actions Involved: High Low, Thumbs, 2-man on ball**
- 1. What happens if the replace man gets the ball?
 - 5 & 4 High Low
 - 1 & 3 thumbs actions (down screen or up screen)
 - 5 & 2 on ball 2 man action

2-Man Screen Action
Man Offense



- Actions Involved: 2-man on ball actions (DHO-ball screen)**
- 1. What happens if we take the 2-man action?
 - If 5 chooses to take the 2 man action we automatically get into Motion.

3-Man cut action
Man Offense



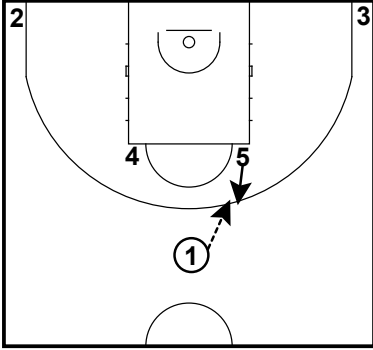
MOTION SEQUENCE



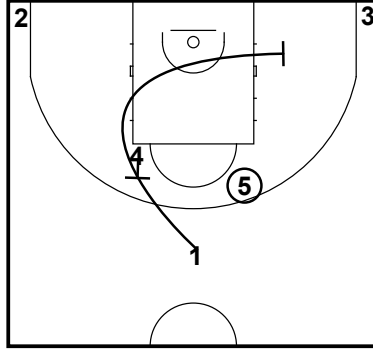
Offensive Plays

Fall 2023 NTB Elite Playbook

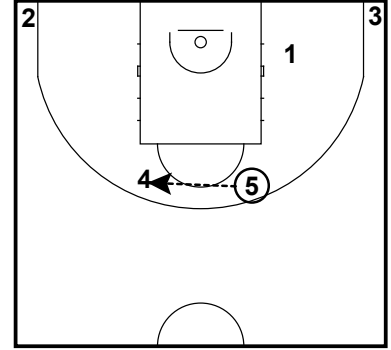
Flex
Man Offense



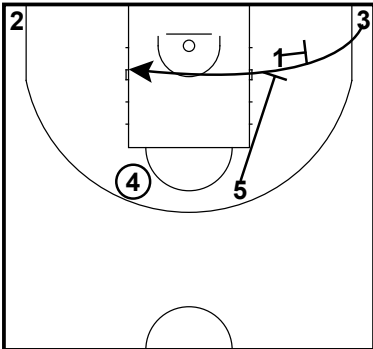
Flex
Man Offense



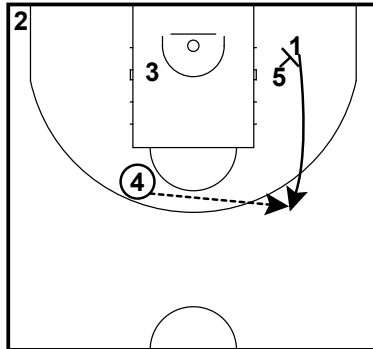
Flex
Man Offense



Flex
Man Offense



Flex
Man Offense

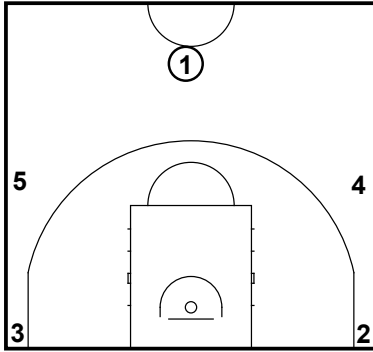




Offensive Plays

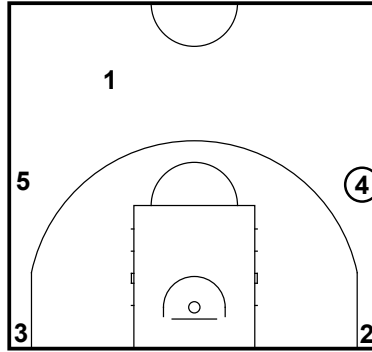
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ISO-Series
Man Offense



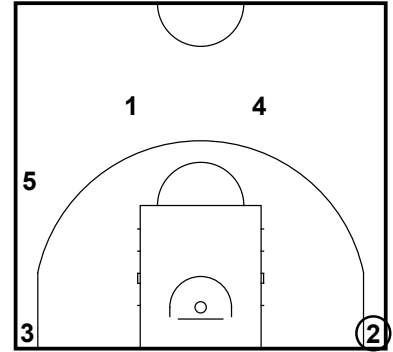
Top ISO is an isolation play from the top. The player with the ball should get a running start at defender.

ISO-Series
Man Offense



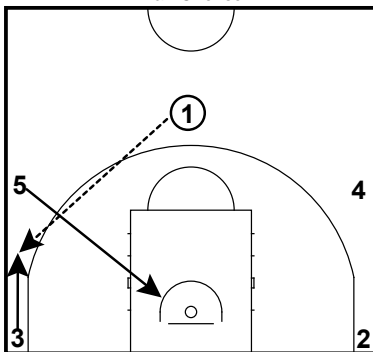
Side-ISO is an isolation play from the 45 degree angle.

ISO-Series
Man Offense



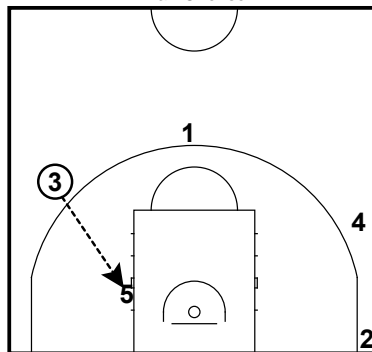
Corner-ISO is a isolation play from the Corner.

ISO-Series
Man Offense



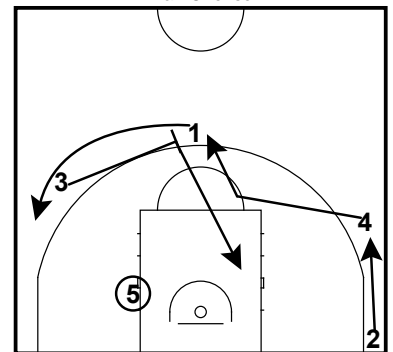
Punch is a post isolation play on the right or left block.

ISO-Series
Man Offense



Punch Continued

ISO-Series
Man Offense



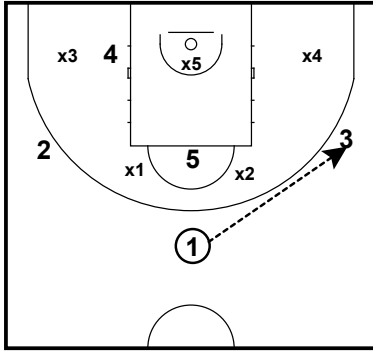
Punch Continued



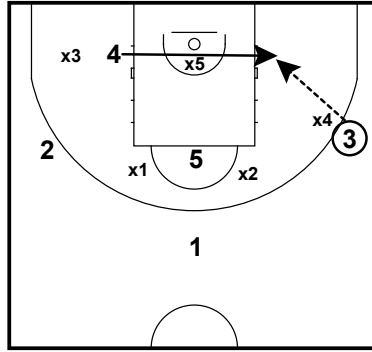
Offensive Plays

Fall 2023 NTB Elite Playbook

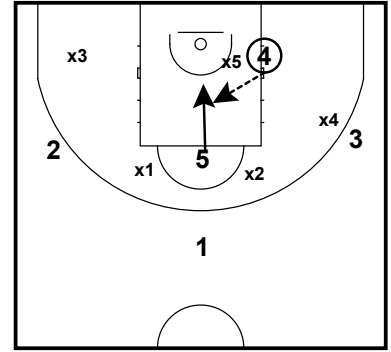
Zone O (13)
Man Offense



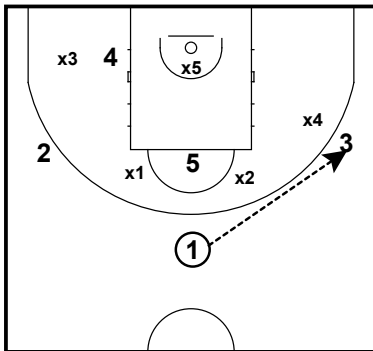
Zone O (13)
Man Offense



Zone O (13)
Man Offense



Zone O (13)
Man Offense

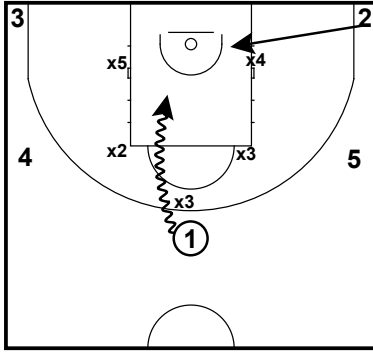




Offensive Plays

Fall 2023 NTB Elite Playbook

Against 32
Man Offense



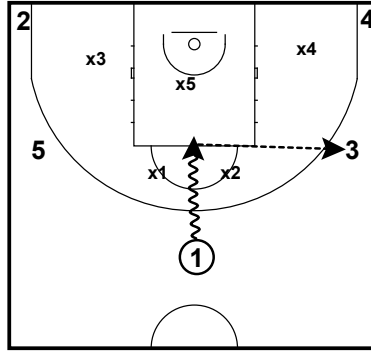
5OUT against 32

-Focus is on getting the ball in the paint with dribble penetration.

-Drive & kick will create the best opportunities to score.

-Weakside cutter on penetration.

5OUT against 2-3
Man Offense



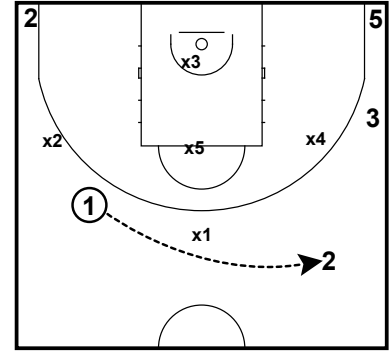
5OUT against 23

-Focus is on getting the ball in the paint with dribble penetration.

-Drive & kick will create the best opportunities to score.

-Look for corner 3-1 more pass

5Out (against zones)
Man Offense



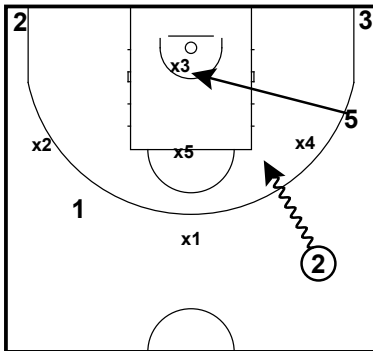
5OUT against 1--3-1

-Start with ball reversal to the side with 3 players.

-Focus is on getting the ball in the paint with dribble penetration.

-Drive & kick and swing is the best way to attack the 1-3-1

5Out (against zones)
Man Offense

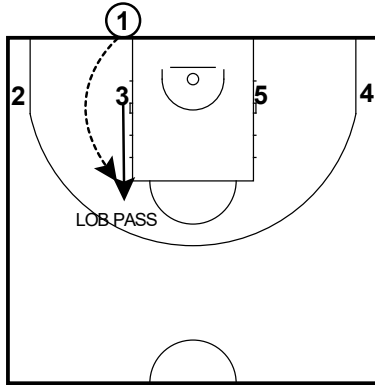




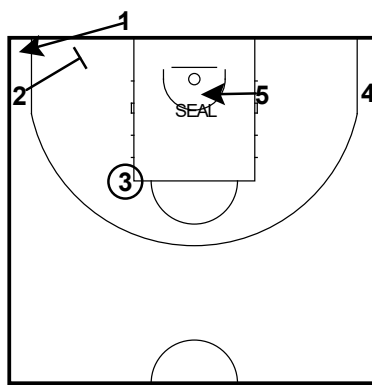
Offensive Inbound Plays

Fall 2023 NTB Elite Playbook

Baseline One
Man Offense



Baseline One
Man Offense

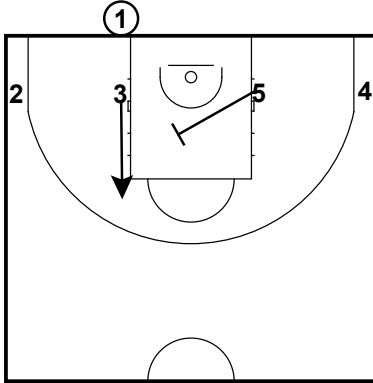




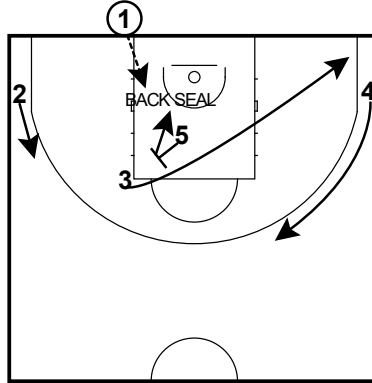
Offensive Inbound Plays

Fall 2023 NTB Elite Playbook

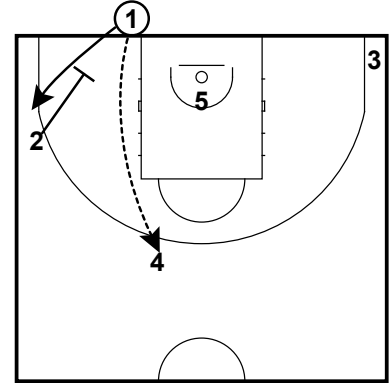
Baseline Two
Man Offense



Baseline Two
Man Offense



Baseline Two
Man Offense

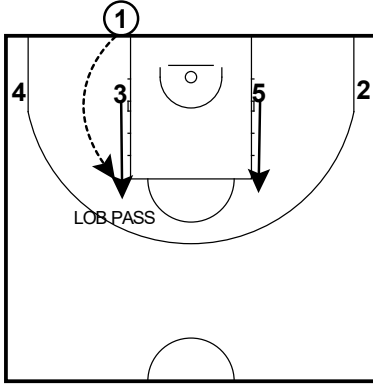




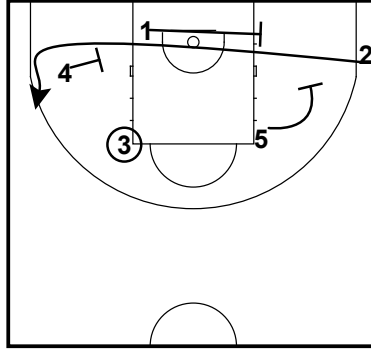
Offensive Inbound Plays

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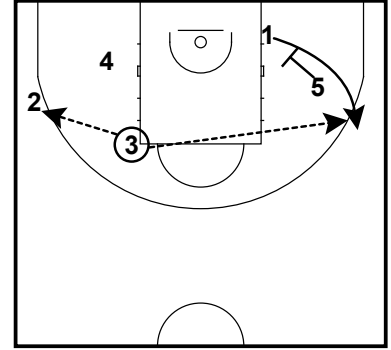
Baseline Three
Man Offense



Baseline Three
Man Offense



Baseline Three
Man Offense

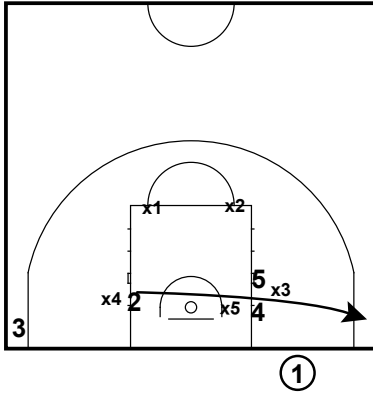




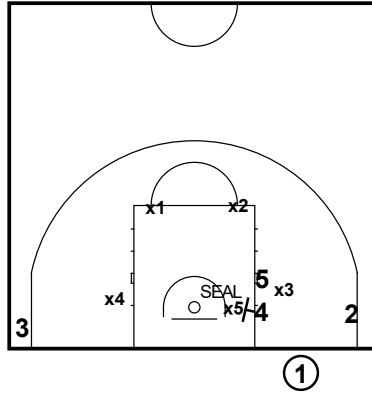
Offensive Inbound Plays

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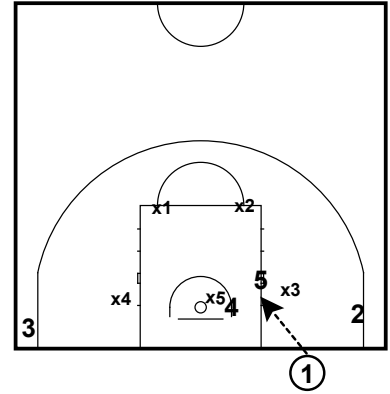
Zone 1
Man Offense



Zone 1
Man Offense



Zone 1
Man Offense

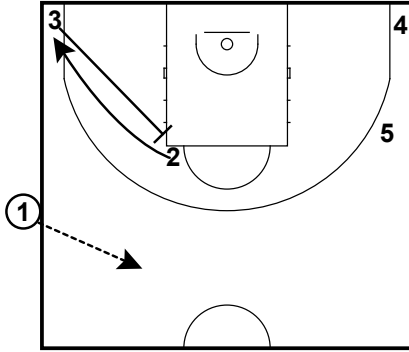




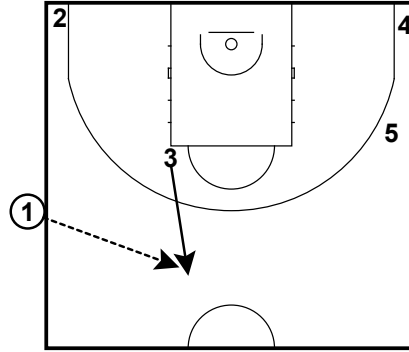
Offensive Inbound Plays

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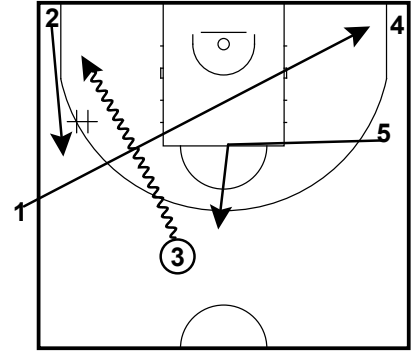
Sideline Attack
Man Offense



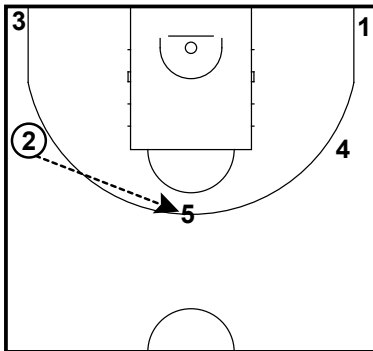
Sideline Attack
Man Offense



Sideline Attack
Man Offense



Sideline Attack
Man Offense

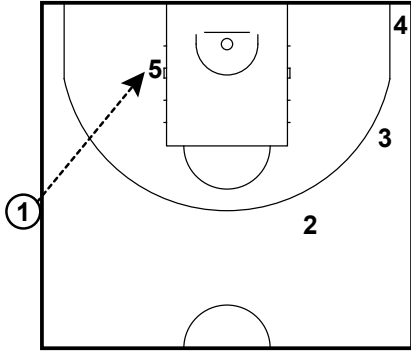




Offensive Inbound Plays

Fall 2023 NTB Elite Playbook

Sideline Punch
Man Offense



Sideline Punch
Man Offense

