



13U Playbook



Table of Contents

1.	Spring 2023	3
1.1	How to read a Playbook	3
1.2	50-Attack	4
1.3	Flow	5
1.4	Flex	6
1.5	Zone O (13)	7
1.6	Zone Fist	8
1.7	ISO-Series	9
1.8	Baseline 1-2-3 (13 Boys)	10
1.9	Zone 1	11
1.10	Sideline Attack	12
1.11	Sideline Cut	13
1.12	(Zone press break)	14
1.13	(Man press break)	15
1.14	TEXAS	16
1.15	Blue Defense	17



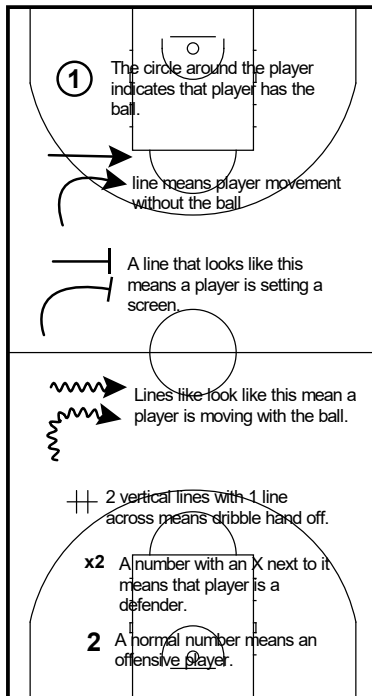
13U Playbook - Contents (cont.)

1.16 Red Defense

18

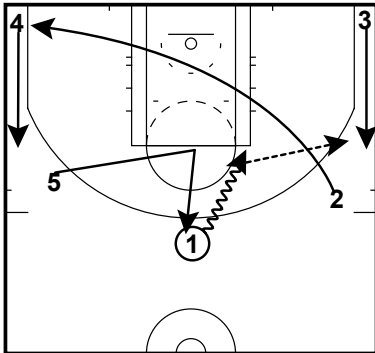
Spring 2023

How to read a Playbook Man Offense

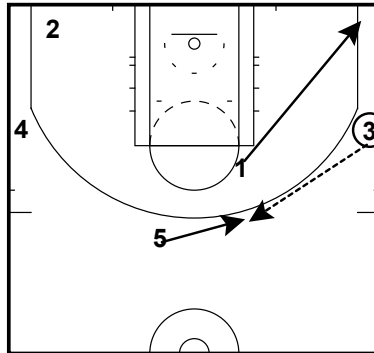


Spring 2023

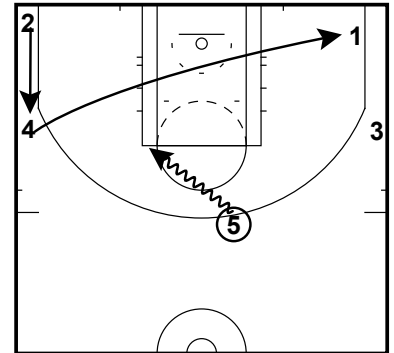
50-Attack
Man Offense



50-Attack
Man Offense

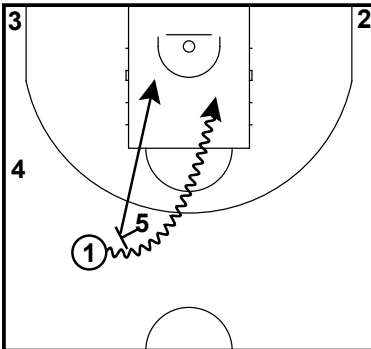


50-Attack
Man Offense



Spring 2023

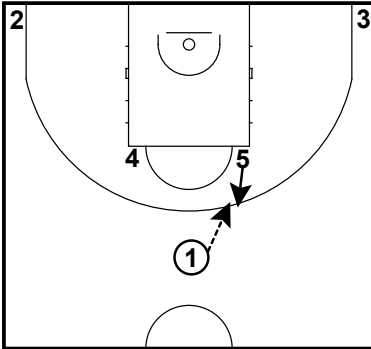
Flow
Man Offense



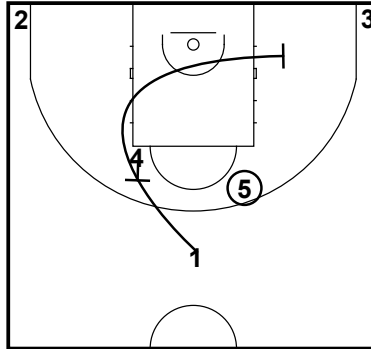
Ball handler needs to get the ball in the paint. He can do that by attacking or passing to the roller (Player 5 has to roll)

Spring 2023

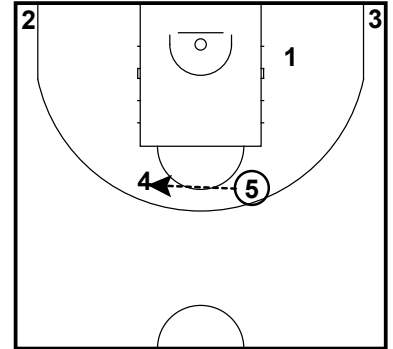
Flex
Man Offense



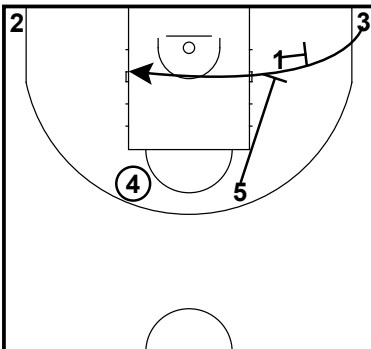
Flex
Man Offense



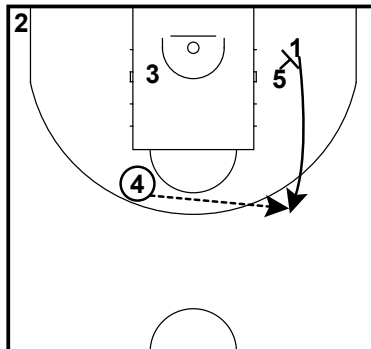
Flex
Man Offense



Flex
Man Offense

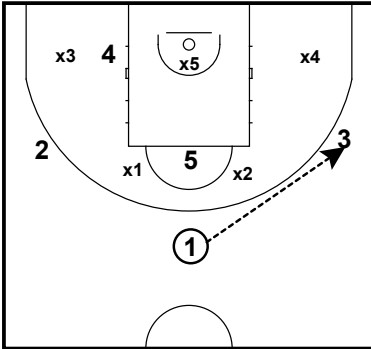


Flex
Man Offense

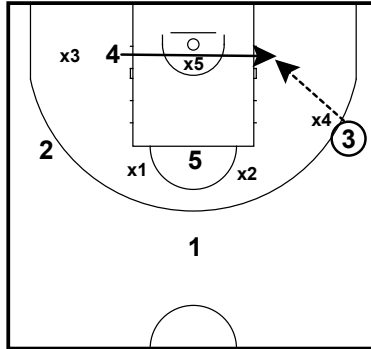


Spring 2023

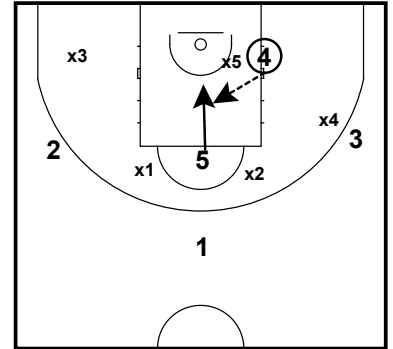
Zone O (13)
Man Offense



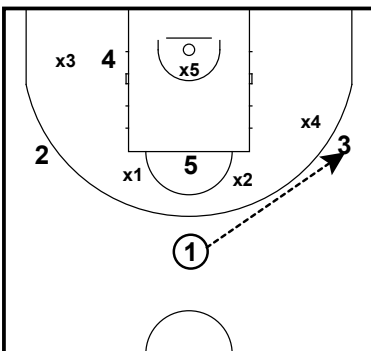
Zone O (13)
Man Offense



Zone O (13)
Man Offense

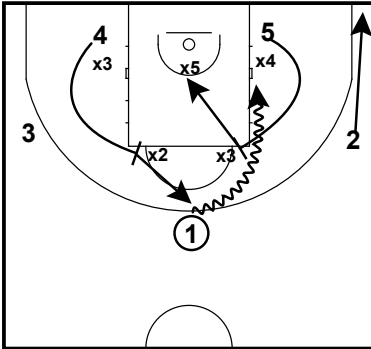


Zone O (13)
Man Offense

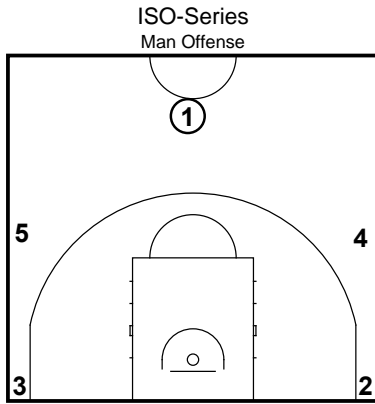


Spring 2023

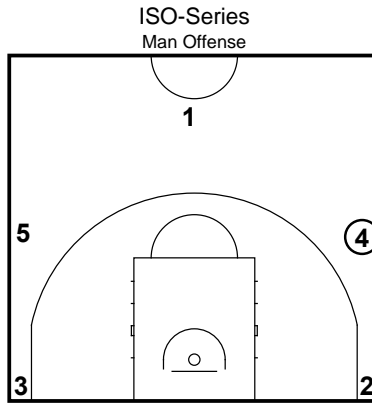
Zone Fist High vs 32
Man Offense



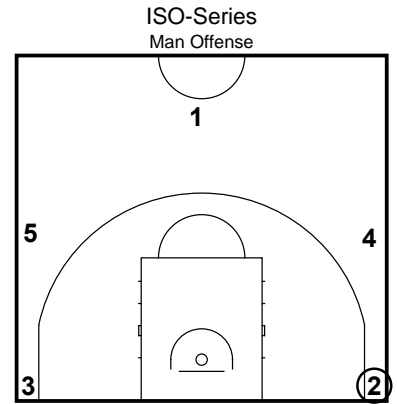
Spring 2023



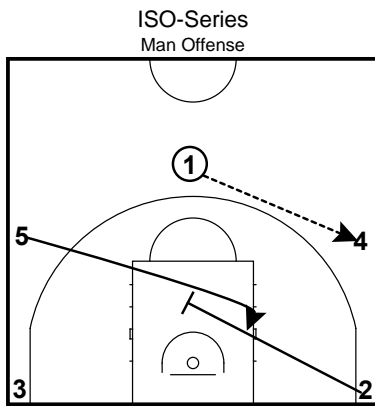
Top ISO is an isolation play from the top. The player with the ball should get a running start at defender.



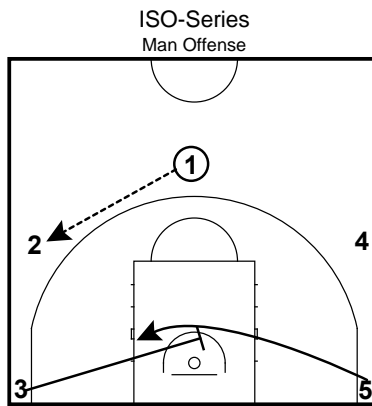
Side-ISO is an isolation play from the 45 degree angle.



Corner-ISO is a isolation play from the Corner.



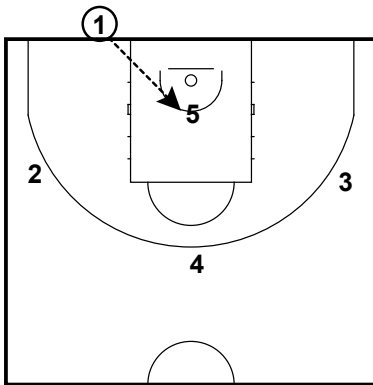
Punch is a post isolation play on the right or left block.



PUNCH from the corner

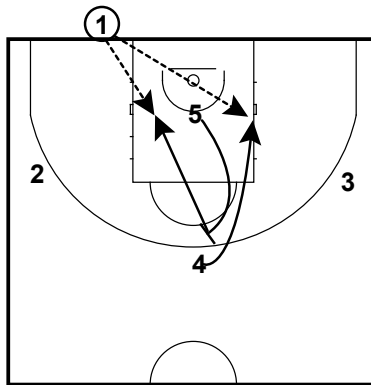
Spring 2023

Baseline 1-2-3 (13 Boys)
Man Offense



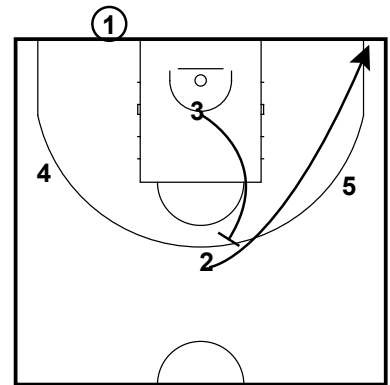
Baseline 1 option- ISO Seal for 5 or best inside finisher on court

Baseline 1-2-3 (13 Boys)
Man Offense



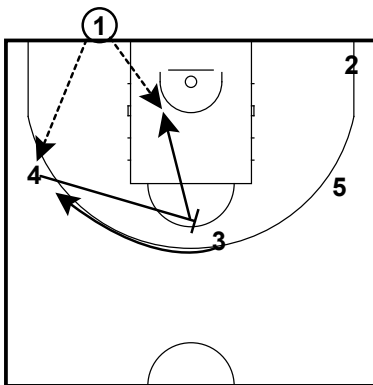
Baseline 2 option- 5 is setting or ghost screen (slipping the screen). The ghost screen is similar to a stop and go move. As soon as his feet stop to set the screen he must start them again as he cuts towards the basket.

Baseline 1-2-3 (13 Boys)
Man Offense



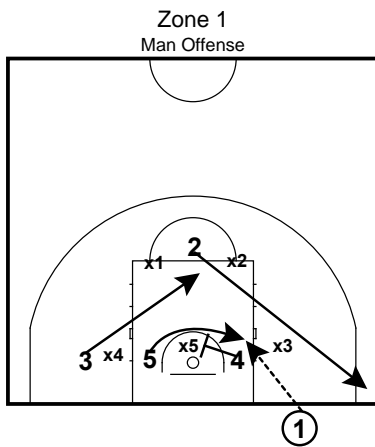
Baseline 3

Baseline 1-2-3 (13 Boys)
Man Offense



Inbounders options are player 4 for the lay-up or player 3 for the 3P shot.

Spring 2023

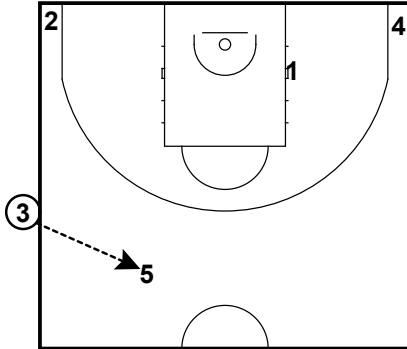


Baseline play against Zone D

1. Player 2 cuts to the corner
2. Player 4 screen the player in the middle of their zone.
3. Player 5 flashes to the ball
4. Player 3 flashes to the mid-range area.

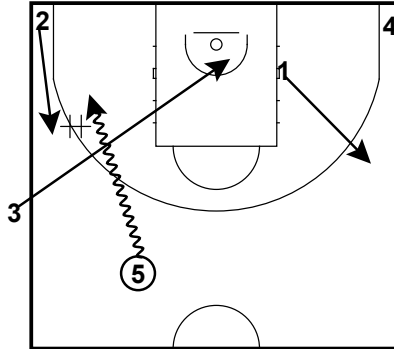
Spring 2023

Sideline Attack
Man Offense

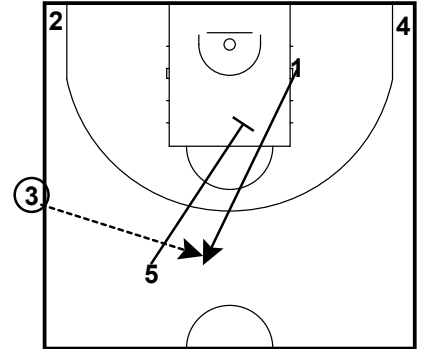


First look is to get the ball to 5 but if he is being pressured he can run Down or up screen action with 1.

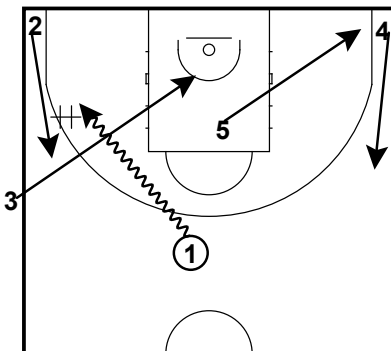
Sideline Attack
Man Offense



Sideline Attack
Man Offense

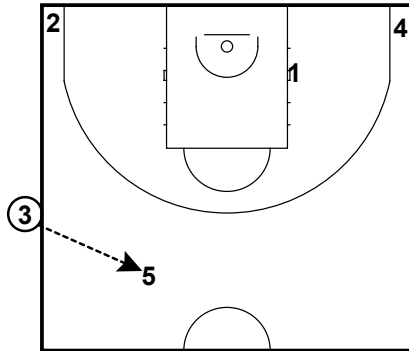


Sideline Attack
Man Offense



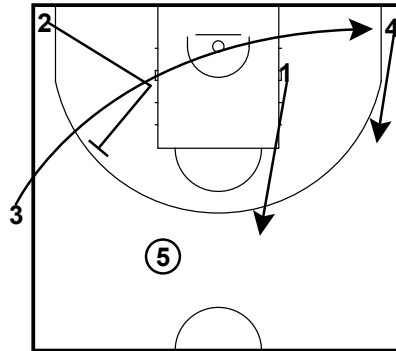
Spring 2023

Sideline Cut
Man Offense

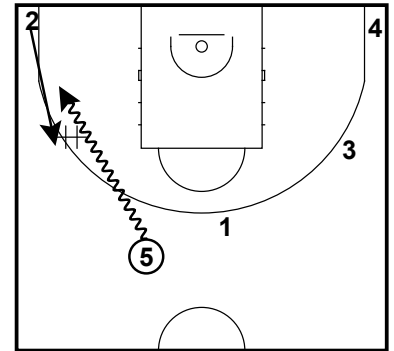


First look is to get the ball to 5 but if he is being pressured he can run Down or up screen action with 1.

Sideline Cut
Man Offense

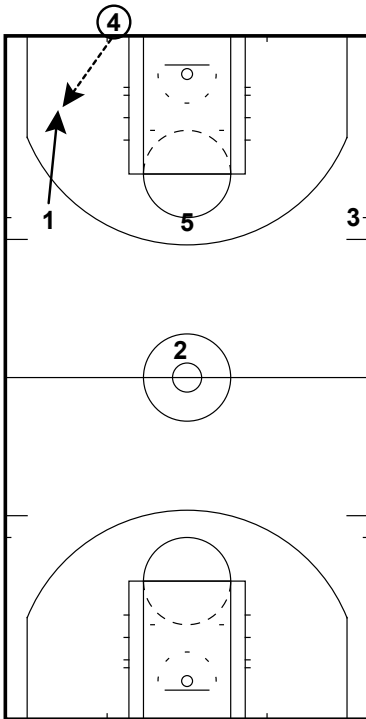


Sideline Cut
Man Offense

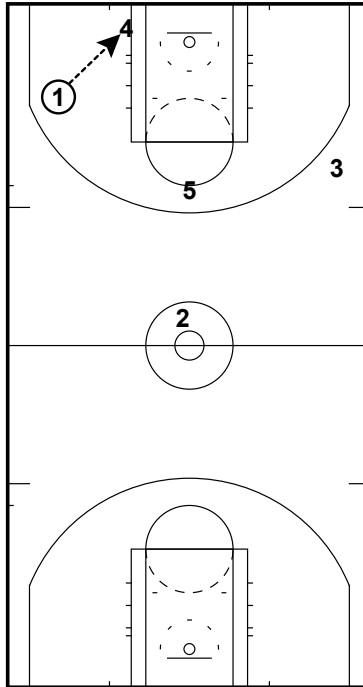


Spring 2023

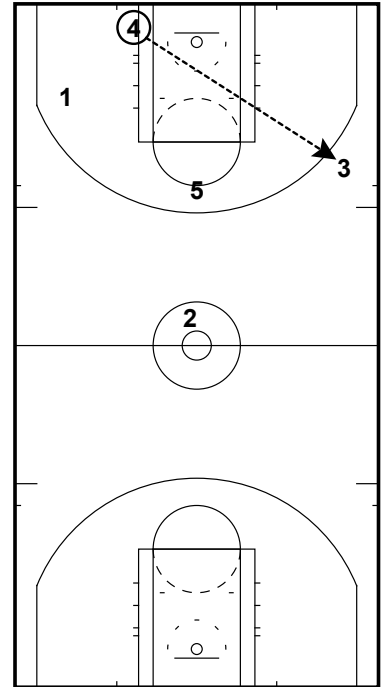
(Zone press break)
Man Offense



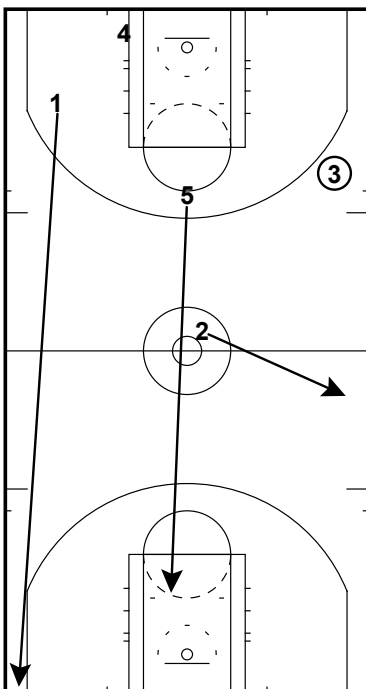
(Zone press break)
Man Offense



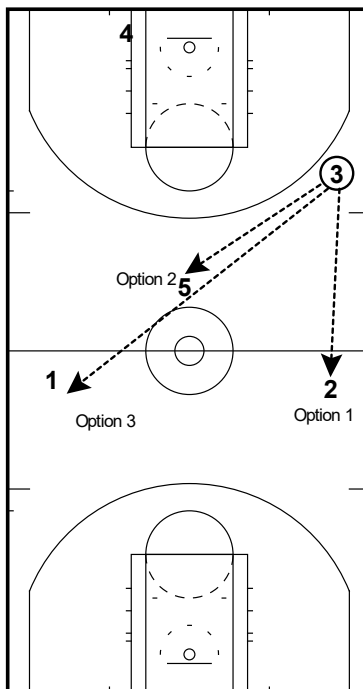
(Zone press break)
Man Offense



(Zone press break)
Man Offense

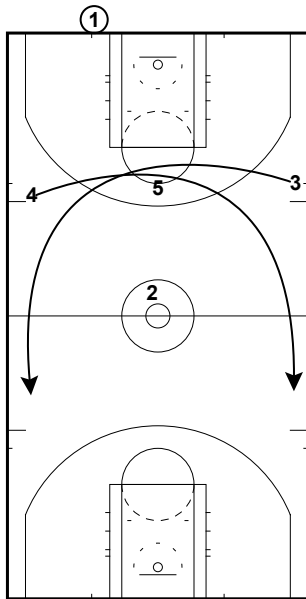


(Zone press break)
Man Offense

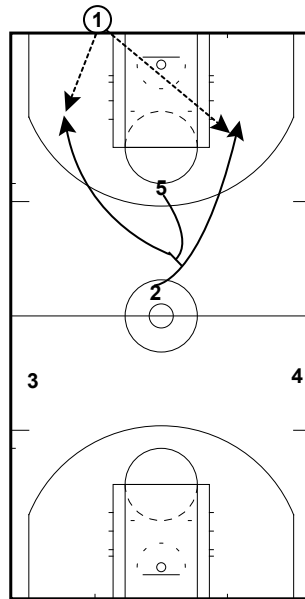


Spring 2023

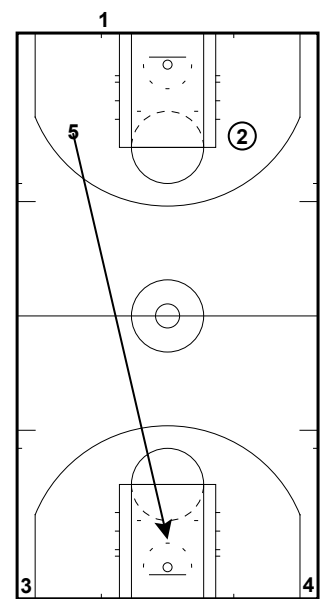
(Man press break)
Man Offense



(Man press break)
Man Offense



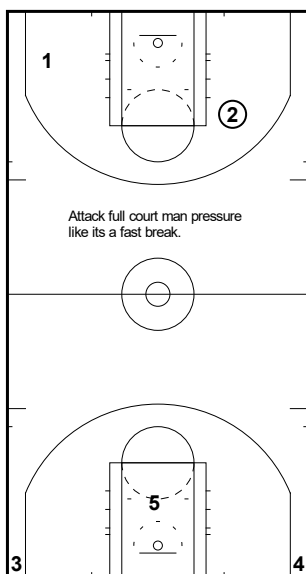
(Man press break)
Man Offense



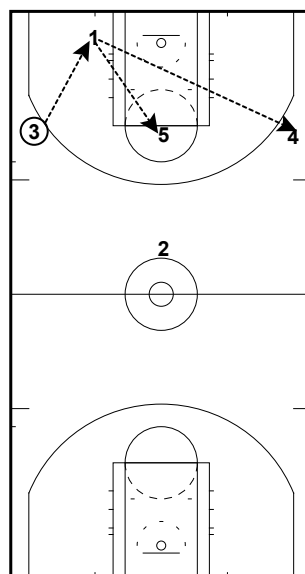
Part 1

The first look of our press break is for 4 to get the ball to 1 as he cuts across the lane as he receives a "Screen" from 5. If the team is in a zone press players 2 & 3 will not cross each other

(Man press break)
Man Offense



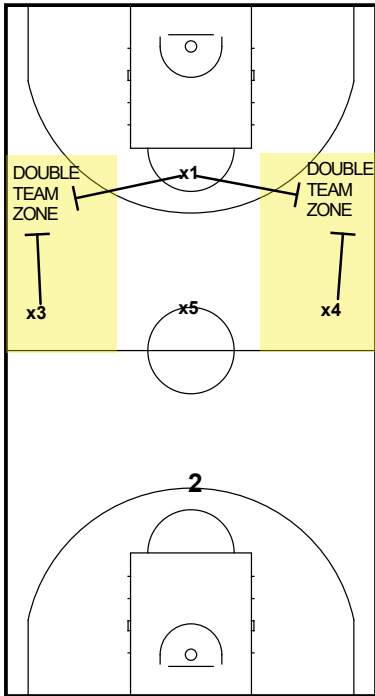
(Man press break)
Man Offense



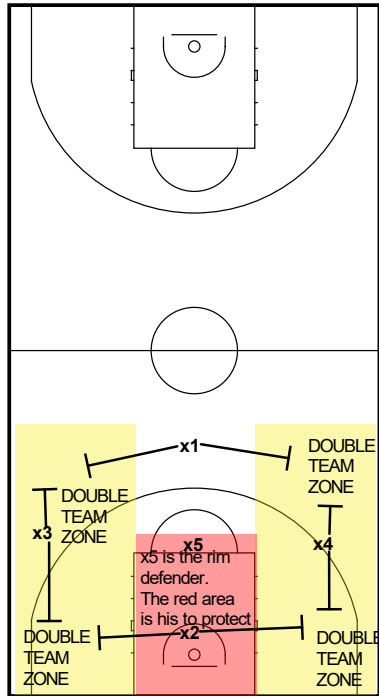
Once ball is entered. Player who receives ball is pass back to 1 who will reverse the ball to break the zone pressure. Ball must be reversed to make the defense cover the full court.

Spring 2023

TEXAS
Defense



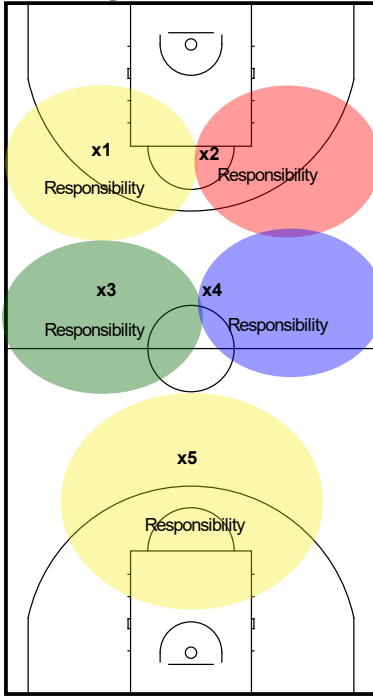
TEXAS
Defense



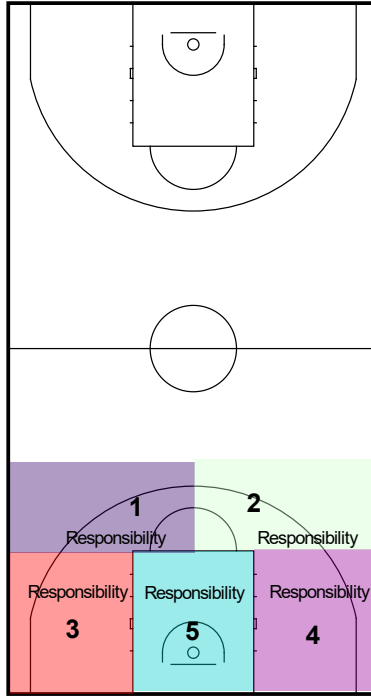
Spring 2023

Blue Defense
Defense

①

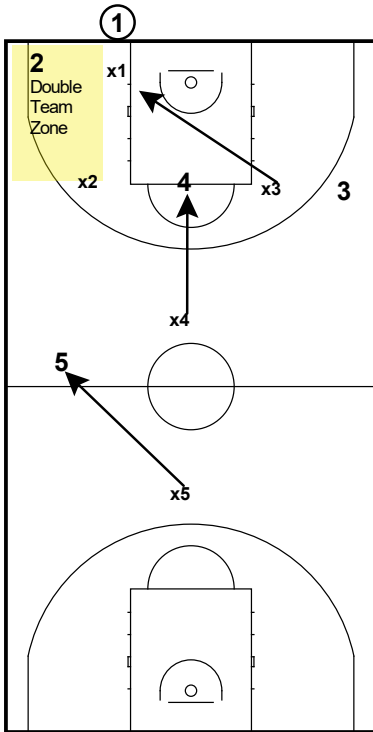


Blue Defense
Defense

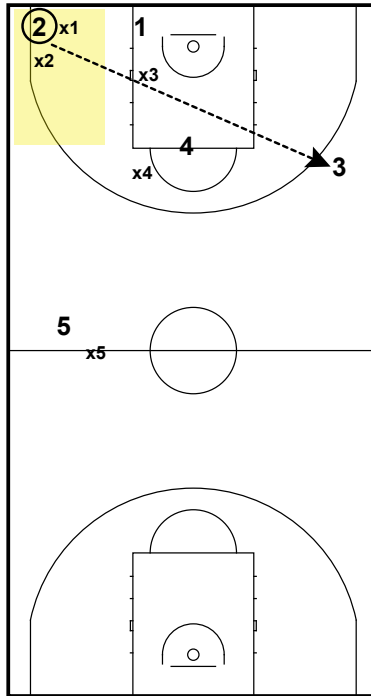


Spring 2023

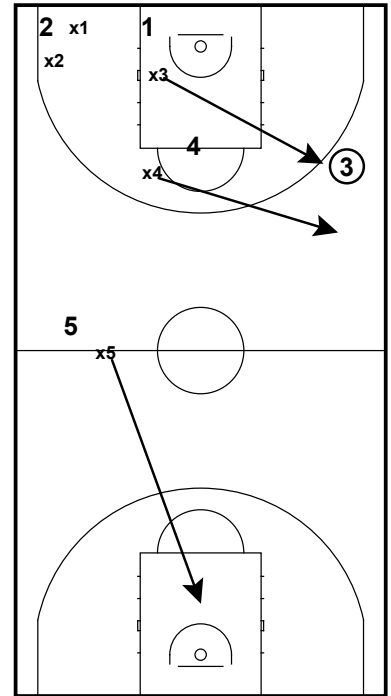
Red Defense
Defense



Red Defense
Defense



Red Defense
Defense



Red Defense
Defense

